First Contact Practitioner: Registered Mental Health Nurse

## Job details

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| Job title: | First Contact Practitioner: Registered Mental Health Nurse |
| Department: | Basildon and Brentwood Primary Care Networks |
| Location: | Home-based and Practice-based |
| Reporting to:  (job title only) | Service Lead |
| Accountable to:  (where applicable) | Primary Care Clinical Lead |
| Job purpose: | * Working within a trusted assessor framework, the successful candidate will be responsible for conducting mental health assessments and attending multi-disciplinary team meetings across different GP practices with the primary care network (PCN) * Service delivery will be via phone and face to face (when appropriate) to ensure service users receive the most appropriate care for their needs when they need it * As an integral member of the primary care team this role involves attending team meetings, assessing a variety of mental health presentations and initiating onward referrals * Working autonomously and as part of an MDT, you will provide mental health advice to health professionals across primary and secondary care services to support treatment plans of service users |
| Role and Responsibilities: | * Refer and signpost service users to most appropriate service for their needs – mental health, physical health, social needs * Develop and foster relationships with NHS and non-NHS health and social care services * Observe current health and safety working practices * Effectively use supervision to continually inform current practice * Keep up to date with continuous professional development (CPD) as outlined in NMC code of practice * Adhere to code of conduct and standards of proficiency as outlined by regulatory bodies * Conduct clinical audit, routine outcome monitoring and reporting to inform evidence-based practice and service development changes * To lead on and implement service delivery changes supported by the Clinical Lead where necessary * To work autonomously and as part of a multi-disciplinary team * Maintain high standards of clinical record keeping * Attending multi-disciplinary team meetings and representing VHG in external meetings when required * Adherence to clinical governance frame works set out by the Clinical Lead * To work in collaboration with the Clinical Lead to ensure the service is effective, safe and accessible to service users   **Equality Diversity & Inclusion (EDI)**  We are proud to be an equal opportunities employer and are fully committed to EDI best practice in all we do. We believe it is the responsibility of everyone to ensure their actions support this with all internal and external stakeholders.   * Be aware of the impact of your behaviour on others * Ensure that others are treated with fairness, dignity and respect * Maintain and develop your knowledge about what EDI is and why it is important * Be prepared to challenge bias, discrimination and prejudice if possible to do so and raise with your manager and EDI team * Encourage and support others to feel confident in speaking up if they have been subjected to or witnessed bias, discrimination or prejudice * Be prepared to speak up for others if you witness bias, discrimination or prejudice   Any other reasonable request as required |
| Additional information: | Some travel including occasional overnight stays may be required, so a full clean driving licence is desired.  VHG have highly successful services and value our clinicians who are offered regular clinical skills and case management supervision to achieve the best results possible for our clients |

## Person specification

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|  | **Essential** | **Desirable** |
| **Qualifications** | * RNM qualification with NMC registration * Prescribing qualification | * Cognitive behavioural therapy (CBT) training * Trained in Structured Clinical Management (SMC) |
| **Experience** | * Evidence of working with people who experience a range of mental health problems * Two-years’ experience of working as a registered mental health nurse (RMN) * Demonstrates robust risk management processes * Demonstrates high standards in written and verbal communication * Worked in a service where agreed targets in place demonstrating clinical outcomes * Ability to manage own caseload and time * Evidence of MDT working with various lines of accountability | * Evidence of working in the local community * Experience of working in a trusted assessor competency framework |
| **Skills/knowledge** | * IT literate – intermediate level minimum – ability to use multiple patient-record systems * Able to demonstrate clinical outcomes and meeting agreed performance targets * Demonstrates high standards in written and verbal communication * Ability to manage own caseload and time * Able to write clear reports and letters |  |
| **Personal competencies and qualities** | * Excellent verbal and written communication skills * High level of enthusiasm and motivation * Ability to work individually or within a team and foster good working relationships * Ability to work under pressure and be adaptive * Excellent time management skills * Willingness to travel to locations throughout the organisation as required | * Car driver |

# Version Control

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| Author: | Human Resources | Version: | V1.1 | Status: | PUBLISHED |
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| Version: | Date: | Summary of Changes |
| V1.1 | 03.12.19 | Document copied onto authorised VHG branded Policy Template (original had no coding) |