Rehabilitation Therapist (BASRaT)

## Job details

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| Job title: | Rehabilitation Therapist |
| Department: | Corporate MSK |
| Location: | Birmingham |
| Reporting to: (job title only) | Rehabilitation Therapist Team Lead  |
| Direct reports: (job title only) | N/A |
| Accountable to: (where applicable) | Rehabilitation Therapist Team Lead |
| Responsible to:(where applicable) | Rehabilitation Therapist Team Lead |
| Job purpose: | Rehabilitation Therapists work across Corporate and Preventative Services dealing with musculoskeletal injuries within FRP, delivering manual handling and lifestyle courses/webinars and workstation assessments |
| Role and Responsibilities: | * + Carry out biopsychosocial rehabilitation assessments according to VHG protocols
	+ Maintain a friendly and supportive environment for the patients, communicating with them and motivating them by being positive about their capabilities and work requirements
	+ Maintain accurate records of assessment and management in line with BASRaT, CSP and VHG core standards of practice
	+ Independently deliver Manual Handling Training to customers
	+ Run exercise classes and deliver education sessions in a professional manner
	+ Write initial and follow-up assessment reports to VHG standards
	+ Schedule rehabilitation sessions with the patients to meet their requirements
	+ Handle enquiries from referrers and clients as a clinical point of contact for all patients in their care
	+ Liaise with other medical professionals in the team and involved in the management of the case
	+ Liaise with referrers, employers and occupational health and safety professionals regarding return to work plans.
	+ Keep up to date with evidence-based practice/guidelines and assist in the development of the programme in line with available evidence
	+ Independently deliver FRP and preventative services
	+ Complete remote workstation assessments for a variety of clients
	+ Independently deliver health and wellbeing webinars and classes
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| Clinical Governance:(where applicable) | Ensuring maintenance of standards, quality, transparency and accountability in line with BASRaT professional guidelines |
| Training and supervision: | Maintain continual professional development and membership of BASRaT |
| Additional information: | Some travel including occasional overnight stays may be required, so a full clean driving licence is desired as well as full time access to a vehicle |

## Person specification

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|  | **Essential** | **Desirable** |
| **Qualifications** | * + Member of British Association of Sports Rehabilitators and Trainers (BASRaT)
 | * + Degree in Sports Rehabilitation
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| **Experience** | * + Experience of working independently with patients within a clinical setting
 | * + Previous experience working within an occupational health setting
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| **Skills/knowledge** | * IT literate – intermediate level minimum
	+ Able to work flexibly in accordance with business demands
	+ Able to develop good therapeutic relationships with clients
	+ Ability to meet agreed/specified service targets and Key Performance Indicators
	+ Ability to manage own caseload and time
 | * + Experience of public speaking
	+ Understanding DSE and ergonomic assessments
	+ Previous experience of delivering virtual or face-to-face exercises classes
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| **Specialist training** |  | * + APPI Pilates Level 1 or REPS recognised Pilates qualification
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| **Personal competencies and qualities** | * + Confident to challenge current processes and suggest developments
	+ Excellent verbal and written communication skills
	+ High level of enthusiasm and motivation
	+ Ability to work individually or within a team and foster good working relationships
	+ Ability to work under pressure
* Excellent time management skills
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# Version Control

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| Owner: | Human Resources | Review: | Annually | Classification: | 1 (Proprietary) |
| Author: | Human Resources | Version: | V1.1 | Status: | PUBLISHED |
| Date Published: | 03/12/2019 | Code: | TBC |  |  |

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| Version: | Date: | Summary of Changes |
| V1.1 | 03.12.19 | Document copied onto authorised VHG branded Policy Template (original had no coding) |
| V1.2 | 06/08/20 | Updated to include diversity and inclusion statement |
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