Rehabilitation Therapist (BASRaT)

## Job details

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| Job title: | Rehabilitation Therapist |
| Department: | Corporate MSK |
| Location: | Birmingham |
| Reporting to:  (job title only) | Rehabilitation Therapist Team Lead |
| Direct reports:  (job title only) | N/A |
| Accountable to:  (where applicable) | Rehabilitation Therapist Team Lead |
| Responsible to:  (where applicable) | Rehabilitation Therapist Team Lead |
| Job purpose: | Rehabilitation Therapists work across Corporate and Preventative Services dealing with musculoskeletal injuries within FRP, delivering manual handling and lifestyle courses/webinars and workstation assessments |
| Role and Responsibilities: | * + Carry out biopsychosocial rehabilitation assessments according to VHG protocols   + Maintain a friendly and supportive environment for the patients, communicating with them and motivating them by being positive about their capabilities and work requirements   + Maintain accurate records of assessment and management in line with BASRaT, CSP and VHG core standards of practice   + Independently deliver Manual Handling Training to customers   + Run exercise classes and deliver education sessions in a professional manner   + Write initial and follow-up assessment reports to VHG standards   + Schedule rehabilitation sessions with the patients to meet their requirements   + Handle enquiries from referrers and clients as a clinical point of contact for all patients in their care   + Liaise with other medical professionals in the team and involved in the management of the case   + Liaise with referrers, employers and occupational health and safety professionals regarding return to work plans.   + Keep up to date with evidence-based practice/guidelines and assist in the development of the programme in line with available evidence   + Independently deliver FRP and preventative services   + Complete remote workstation assessments for a variety of clients   + Independently deliver health and wellbeing webinars and classes |
| Clinical Governance:  (where applicable) | Ensuring maintenance of standards, quality, transparency and accountability in line with BASRaT professional guidelines |
| Training and supervision: | Maintain continual professional development and membership of BASRaT |
| Additional information: | Some travel including occasional overnight stays may be required, so a full clean driving licence is desired as well as full time access to a vehicle |

## Person specification

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|  | **Essential** | **Desirable** |
| **Qualifications** | * + Member of British Association of Sports Rehabilitators and Trainers (BASRaT) | * + Degree in Sports Rehabilitation |
| **Experience** | * + Experience of working independently with patients within a clinical setting | * + Previous experience working within an occupational health setting |
| **Skills/knowledge** | * IT literate – intermediate level minimum   + Able to work flexibly in accordance with business demands   + Able to develop good therapeutic relationships with clients   + Ability to meet agreed/specified service targets and Key Performance Indicators   + Ability to manage own caseload and time | * + Experience of public speaking   + Understanding DSE and ergonomic assessments   + Previous experience of delivering virtual or face-to-face exercises classes |
| **Specialist training** |  | * + APPI Pilates Level 1 or REPS recognised Pilates qualification |
| **Personal competencies and qualities** | * + Confident to challenge current processes and suggest developments   + Excellent verbal and written communication skills   + High level of enthusiasm and motivation   + Ability to work individually or within a team and foster good working relationships   + Ability to work under pressure * Excellent time management skills |  |

# Version Control

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| Owner: | Human Resources | Review: | Annually | Classification: | 1 (Proprietary) |
| Author: | Human Resources | Version: | V1.1 | Status: | PUBLISHED |
| Date Published: | 03/12/2019 | Code: | TBC |  |  |

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| Version: | Date: | Summary of Changes |
| V1.1 | 03.12.19 | Document copied onto authorised VHG branded Policy Template (original had no coding) |
| V1.2 | 06/08/20 | Updated to include diversity and inclusion statement |
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