Psychological Wellbeing Practitioner

## Job details

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| Job title: | Psychological Wellbeing Practitioner |
| Department: | Bristol, North Somerset and South Gloucester |
| Location: | This role can be remote or working in our offices in Bristol, North Somerset and South Gloucester. |
| Reporting to:  (job title only) | Step 2 Team Leader |
| Direct reports:  (job title only) |  |
| Accountable to:  (where applicable) |  |
| Responsible to:  (where applicable) |  |
| Job purpose: | * The successful candidate is responsible for providing high volume low intensity CBT interventions to clients with Common Mental Health Disorders. They must be able to conduct telephone triage assessments, as well as face to face sessions * VHG have a highly successful service and our staff are offered regular clinical skills and case management supervision to support the PWP to achieve the best results possible for your clients |
| Role and Responsibilities: | Any other reasonable request as required  **Equality Diversity & Inclusion (EDI)**  We are proud to be an equal opportunities employer and are fully committed to EDI best practice in all we do. We believe it is the responsibility of everyone to ensure their actions support this with all internal and external stakeholders.   * + Be aware of the impact of your behaviour on others   + Ensure that others are treated with fairness, dignity and respect   + Maintain and develop your knowledge about what EDI is and why it is important   + Be prepared to challenge bias, discrimination and prejudice if possible to do so and raise with your manager and EDI team   + Encourage and support others to feel confident in speaking up if they have been subjected to or witnessed bias, discrimination or prejudice   + Be prepared to speak up for others if you witness bias, discrimination or prejudice |
| Clinical Governance:  (where applicable) |  |
| Training and supervision: |  |
| Additional information: | Some travel including occasional overnight stays may be required, so a full clean driving licence is desired. |

## Person specification

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|  | **Essential** | **Desirable** |
| **Qualifications** | * PGDip in Low Intensity Interventions | * Psychology or other health related undergraduate degree * Psychology or other health related postgraduate degree |
| **Experience** | * Evidence of working with people who have experienced a mental health problem and experience within IAPT * Demonstrates robust risk management processes * Demonstrates high standards in written communication * Worked in a service where agreed targets in place demonstrating clinical outcomes * Ability to manage own caseload and time | * Evidence of working in the local community * Experience of facilitating Groups * Experience of using Computerised CBT (CCBT) * Experience of using patient record systems |
| **Skills/knowledge** | * IT literate – intermediate level minimum * Able to demonstrate clinical outcomes and meeting agreed performance targets * Demonstrates high standards in written communication. * Ability to manage own caseload and time. * Able to write clear reports and letters |  |
| **Specialist training** |  |  |
| **Personal competencies and qualities** | * Evidence of values that are consistent with the NHS constitution. * Interpersonal skills to engage and develop working alliances with colleagues and patients. * Evidence of an openness to learning new knowledge and skills. * Excellent verbal and written communication skills * High level of enthusiasm and motivation * Ability to work under pressure * Excellent time management skills |  |

# Version Control

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| Owner: | Human Resources | Review: | Annually | Classification: | 1 (Proprietary) |
| Author: | Human Resources | Version: | V1.1 | Status: | PUBLISHED |
| Date Published: | 03/12/2019 | Code: | TBC |  |  |

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| Version: | Date: | Summary of Changes |
| V1.1 | 03.12.19 | Document copied onto authorised VHG branded Policy Template (original had no coding) |
| V1.2 | 06/08/20 | Updated to include diversity and inclusion statement |
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