NHS MSK Rehabilitation Therapist

## Job details

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| Job title: | NHS MSK Rehabilitation Therapist  |
| Department: | NHS MSK |
| Location: | London Borough of Croydon |
| Reporting to: (job title only) | NHS MSK Team Leader  |
| Direct reports: (job title only) | N/A |
| Accountable to: (where applicable) | N/A |
| Responsible to:(where applicable) | N/A |
| Job purpose: | To deliver excellent remote and face to face sessions in both individual and group settings. Using evidence-based practice to help service users achieve their goals through exercise therapy. Practicing in line with BASRaT/SST regulation and following Vita Health Groups local processes.  |
| Role and Responsibilities: | * Carrying out remote and face to face interventions
* Deliver high quality, evidence-based interventions that takes wider determinants of health and well-being into account
* Meet clinical and service based KPI’s
* Ability to manage complex cases and escalate appropriately
* Notes keeping in line with BASRaT and local guidance
* Moderate IT literacy required

**Equality Diversity & Inclusion (EDI)**We are proud to be an equal opportunities employer and are fully committed to EDI best practice in all we do. We believe it is the responsibility of everyone to ensure their actions support this with all internal and external stakeholders.* Be aware of the impact of your behaviour on others
* Ensure that others are treated with fairness, dignity and respect
* Maintain and develop your knowledge about what EDI is and why it is important
* Be prepared to challenge bias, discrimination and prejudice if possible to do so and raise with your manager and EDI team
* Encourage and support others to feel confident in speaking up if they have been subjected to or witnessed bias, discrimination or prejudice
* Be prepared to speak up for others if you witness bias, discrimination or prejudice
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| Clinical Governance:(where applicable) | To ensure all treatment and documentation is in line with BASRaT and local standards. Practice in line with relevant internal policies (e.g. serious diagnosis policy and incident reporting).  |
| Training and supervision: | Established training and supervision programme encompassing 1:1, group, and self-directed training.  |
| Additional information: | Remote work may at times be available as part of this role  |

## Person specification

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|  | **Essential** | **Desirable** |
| **Qualifications** | * + Degree qualification in Sports Rehabilitation
	+ Full graduate member of BASRaT and entitled to use the ‘Graduate Sports Rehabilitator’ title
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| **Experience** |  | * + Previous experience seeing NHS Service Users
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| **Skills/knowledge** | * IT literate – intermediate level minimum
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| **Specialist training** |  | * + CPD that includes psychologically informed intervention such as Health Coaching
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| **Personal competencies and qualities** | * Excellent verbal and written communication skills
* High level of enthusiasm and motivation
* Ability to work individually or within a team and foster good working relationships
* Ability to work under pressure
* Excellent time management skills
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# Version Control

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| Owner: | Human Resources | Review: | Annually | Classification: | 1 (Proprietary) |
| Author: | Human Resources | Version: | V1.1 | Status: | PUBLISHED |
| Date Published: | 03/12/2019 | Code: | TBC |  |  |

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| Version: | Date: | Summary of Changes |
| V1.1 | 03.12.19 | Document copied onto authorised VHG branded Policy Template (original had no coding) |
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