Apprentice Psychological Wellbeing Practitioner

## Job details

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| Job title: | Apprentice Psychological Wellbeing Practitioner (PWP) |
| Department: | Vita Minds IAPT Service |
| Location: | Bristol, North Somerset, South Gloucestershire (BNSSG) |
| Reporting to:  (job title only) | Step 2 Team Leader |
| Direct reports:  (job title only) | None |
| Accountable to:  (where applicable) | Service manager, Clinical Lead, Step 2 Team Leader, Step 2 Senior Team Leader and Trainee Manager |
| Responsible to:  (where applicable) | Service manager, Clinical Lead, Step 2 Team Leader, Step 2 Senior Team Leader and Trainee Manager |
| Job purpose: | We have the opportunity to recruit a small number of enthusiastic and committed Apprentice Psychological Wellbeing Practitioners (Apprentice PWPs) to join our expanding Improving Access to Psychological Therapies (IAPT) Service in Bristol, North Somerset and South Gloucestershire (BNSSG). The Apprentice PWP role is a new and developing route to train to work as a PWP, offering an opportunity for applicants without degree qualifications and with other relevant professional and work experience. Applicants from a range of different backgrounds are encouraged to apply; support workers, care workers, triage assessors or admin roles, and applicants who have experienced and overcome common mental health problems with career aspirations in mental health. |
| Role and Responsibilities: | In this role, you will be working as a trainee PWP providing assessments and low Intensity interventions whilst undertaking the Psychological Therapies Practice (Low Intensity Cognitive Behavioural Therapy) apprentice training (Level 6) delivered by the University of Staffordshire. This training will equip you to provide Step 2 Low Intensity interventions to clients with a range of common mental health problems for which CBT interventions are demonstrated to be clinically effective, including anxiety and depression.  You will be joining a motivated workforce and will be supported in the completion of both your academic study and clinical delivery by skilled and experienced supervisors.  The role typically **comprises 4 days per week undertaking clinical practice** with the service (BNSSG) and **1 days per week attending university (Staffordshire).**  **Equality Diversity & Inclusion (EDI)**  We are proud to be an equal opportunities employer and are fully committed to EDI best practice in all we do. We believe it is the responsibility of everyone to ensure their actions support this with all internal and external stakeholders.   * Be aware of the impact of your behaviour on others * Ensure that others are treated with fairness, dignity and respect * Maintain and develop your knowledge about what EDI is and why it is important * Be prepared to challenge bias, discrimination and prejudice if possible to do so and raise with your manager and EDI team * Encourage and support others to feel confident in speaking up if they have been subjected to or witnessed bias, discrimination or prejudice * Be prepared to speak up for others if you witness bias, discrimination or prejudice |
| Clinical Governance:  (where applicable) |  |
| Training and supervision: | Provided by University of Staffordshire and the workplace. |
| Additional information: | Travel is required.  Online interviews will be held on both the 13th and 14th of June 2022.  Applicants must be available to commence the role on the 30th of September 2022 and to attend the first day of training with University of Staffordshire on the 3rd of October 2022.  Applicants must be available to **attend all university days (every Friday) in person at Staffordshire university** (training length approximately 12 months).  The role is likely to include remote working but **attendance at one of the BNSSG offices will be required at least twice a week.**  Applicants will only be offered an apprenticeship post if they meet the eligibility criteria for apprenticeship funding as set out by the Education and Skills Funding Agency. Please see further information at;  <https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/1037429/2122_Provider_Rules__Version_2_To_Publish.pdf> |
|  | This role will be offered on a permanent contract. Training will last for approximately 12 months with an additional 3 month period to complete End Point Assessments (EPAs) conducted by a third party to assess core practical competencies. Successful completion of all of these elements will enable you to work as a Psychological Wellbeing Practitioner (PWP). |

## Person specification

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|  | **Essential** | **Desirable** |
| **Qualifications** | * GCSE grade C or above in Maths and English * A British Sign Language (BSL) qualification is an alternative to the English qualification for those whose primary language is BSL. |  |
| **Experience** | * One year’s working experience in settings with high exposure to people with mental health difficulties which can include voluntary work or expertise gained by experience of mental health problems * Experience of working with people from different cultural backgrounds and ages, supporting and facilitating diversity and inclusion | * Experience of telephone working * Ability to work to deadlines, meet targets and prioritise workload |
| **Skills/knowledge** | * IT literate – intermediate level minimum * Flexible and able to provide out of hours clinics as required by service needs * Willingness to travel to Staffordshire University once a week and to one of the offices within BNSSG 2 days per week. * Demonstrates an understanding of anxiety and depression and how it may present in Primary Care | * Knowledge and use of CBT techniques in the treatment of common mental health difficulties |
| **Personal competencies and qualities** | * Evidence of interpersonal skills to engage and develop working alliances with colleagues and patients * Evidence of an openness to learning new knowledge and skills * Excellent verbal and written communication skills * High level of enthusiasm and motivation * Ability to work individually or within a team and foster good working relationships * Ability to work under pressure * Excellent administrative and time management skills |  |
| **Other** | * Availability to attend all university teaching and study days. University days will be every Friday and travel to Staffordshire is required. Travel expenses are provided by VHG. * This will be in conjunction with a minimum period of low intensity clinical practice per week in the service. * **Applicants are invited to apply via the link and write a brief cover letting explaining the reasons why they have applied for the role.** |  |

# Version Control

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| Author: | Human Resources | Version: | V1.1 | Status: | PUBLISHED |
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| Version: | Date: | Summary of Changes |
| V1.1 | 03.12.19 | Document copied onto authorised VHG branded Policy Template (original had no coding) |
| V1.2 | 2.7.20 | Person spec updated |
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