First Contact Physiotherapist

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| Job title: | First Contact Physiotherapist |
| Department: | NHS MSK |
| Location: | South London Clinics/Remote |
| Reporting to:  (job title only) | NHS MSK Clinical Lead/Senior Team Lead |
| Direct reports:  (job title only) | n/a |
| Accountable to:  (where applicable) | NHS MSK Service Lead / Senior Team Lead |
| Job purpose: | You will expertly assess, treat, and manage patients in:   * First Contact Physiotherapy clinics, predominantly in Southeast London GP practices. * Supervised MCATs clinics across VHG’s Southeast London NHS MSK contracts. * Physiotherapy clinics across VHG’s Southeast London NHS MSK contracts. * Whilst there is a requirement for a portion of clinics to be carried out face to face there is the option for blended remote work long term.   (Clinical mentorship and support will reflect the candidates experience, and will provided by the NHS MSK Clinical lead, senior MCATS clinicians, and/ or a Senior Team lead.) |
| Role and Responsibilities: | * Deliver high level patient care that respects the wishes and dignity of the patient. * Carry out virtual triage assessments of patients that reflects NICE guidance and established referral pathways locally. * Use outcome measures to demonstrate treatment effect. * Provide expert, evidence-based assessment and treatment of adults with MSK pain * Arrange radiology and blood Investigations that reflects NICE, Irefer and Vita Health best practice standards. * Engage patients with health coaching, making shared decisions, and where appropriate Making Every Contact Count. * Maintain records in line with CSP and VHG standards. * Communicate effectively with GPs, patients, and hospital consultants regarding patient care. * Follow procedures and ensure data is logged on the clinical systems to VHG expected standards. * Actively participate with in-service training and group supervision * Liaise with colleagues including, clinicians, administrators, governance team members, and service leads as well as external stakeholders in local trusts, community services, and GP practices. * Keep up to date with evidence-based practice/guidelines. * Contribute to audit and service development. * Maintain evidence of continual professional development. * Other duties may be required from time to time.   **Equality Diversity & Inclusion (EDI)**  We are proud to be an equal opportunities employer and are fully committed to EDI best practice in all we do. We believe it is the responsibility of everyone to ensure their actions support this with all internal and external stakeholders.   * Be aware of the impact of your behaviour on others * Ensure that others are treated with fairness, dignity and respect * Maintain and develop your knowledge about what EDI is and why it is important * Be prepared to challenge bias, discrimination and prejudice if possible to do so and raise with your manager and EDI team * Encourage and support others to feel confident in speaking up if they have been subjected to or witnessed bias, discrimination or prejudice * Be prepared to speak up for others if you witness bias, discrimination or prejudice |
| Clinical Governance:  (where applicable) |  |
| Training and supervision: | * Provided by MCATS clinicians, and/ or senior Team Leads. |
| Additional information: | * Some travel including occasional overnight stays may be required, so a full clean driving licence is desired. |

## Person specification

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|  | **Essential** | **Desirable** |
| **Qualifications** | * A degree in physiotherapy is essential along with HCPC and CSP membership. | * MSc Advanced practice Physiotherapy. |
| **Experience** | * Minimum 2 years post-graduate experience * Previous experience working as a senior physiotherapist in an NHS MSK service. * Previous experience assessing and treating adults with axial and peripheral MSK complaints. * Experience of corresponding with GPs and secondary care regarding patient care. * Possess an understanding of Radiology and blood Investigations for MSK pain | * Previous experience working in a MCATs service delivering MSK FCP/APP clinics. * Experience with Virtual triage. * MDT working including making direct referrals to secondary care services. |
| **Skills/knowledge** | * IT literate – intermediate level minimum | * Experience with Quality Assurance and Quality Improvement processes |
| **Specialist training** |  | * MSK Injection therapy * Ultrasonography (PG cert or equivalent) * Independent prescribing |
| **Personal competencies and qualities** | * Excellent verbal and written communication skills including shared decision making. * High level of enthusiasm and motivation. * Ability to work individually or within a team and foster good working relationships. * Ability to work under pressure. * Excellent time management skills. |  |

# Version Control

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| Owner: | Human Resources | Review: | Annually | Classification: | 1 (Proprietary) |
| Author: | Human Resources | Version: | V1.1 | Status: | DRAFT |
| Date Published: | 24/02/2021 | Code: | TBC |  |  |

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| Version: | Date: | Summary of Changes |
| V1.1 | 24/02/2021 | Document copied onto authorised VHG branded Policy Template (original had no coding) |
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