

First Contact Practitioner: Registered Mental Health Nurse (RMN)

Job details

Job title:	First Contact Practitioner: Registered Mental Health Nurse (RMN)
Department:	Basildon and Brentwood Primary Care Networks
Location:	Home-based & Practice-based
Reporting to: (job title only)	Service Lead
Accountable to: (where applicable)	Primary Care Clinical Lead
Job purpose:	<ul style="list-style-type: none">  Working within a First Contact Practitioner (FCP) model of care, the successful candidate is responsible for conducting mental health triage assessments across different GP practices with a primary care network (PCN) via phone and face to face (when appropriate) to ensure service users receive the most appropriate care for their needs when they need it  As an integral member of the primary care team this role involves working autonomously as part of a multi-disciplinary team (MDT), attending MDT meetings and engaging in direct patient work  The role will involve assessment, risk management, treatment planning and sign-posting to patients who access their local GP practice with mental health difficulties
Role and Responsibilities:	<ul style="list-style-type: none">  Manage a caseload of clients autonomously  To use assessment skills to conduct robust and effective triage assessments  Refer and signpost service users to most appropriate service for their needs – mental health, physical health, social needs

	<ul style="list-style-type: none"> 🌿 Develop and foster relationships with NHS and non-NHS health and social care services 🌿 Use your therapeutic skills and training to provide health advice to patients on a range of issues which impact on mental wellbeing and psycho-social functioning 🌿 Consult with and provide mental health advice and guidance to health professionals across primary and secondary care to support service users treatment plans 🌿 Observe current health and safety working practices 🌿 Effectively use supervision to continually inform current practice 🌿 Keep up to date with continuous professional development (CPD) as outlined in the NMC code of practice 🌿 Adhere to code of conduct and standards of proficiency as outlined by the NMC 🌿 Conduct clinical audit, routine outcome monitoring and reporting to inform evidence-based practice and service development changes 🌿 To lead on and implement service delivery changes supported by the Clinical Lead where necessary 🌿 To work autonomously as part of a multi-disciplinary team 🌿 Maintain high standards of clinical record keeping 🌿 Adherence to clinical governance frame works set out by the Clinical Lead 🌿 Attending multi-disciplinary team meetings and representing VHG in external meetings when required 🌿 To work in collaboration with the Clinical Lead to ensure the service is effective, safe and accessible to service users <p>Any other reasonable request as required</p> <p>Any other reasonable request as required</p>
<p>Additional information:</p>	<p>When the situation allows, travel including will be required, so a full clean driving licence is desirable</p> <p>VHG have highly successful services and value our clinicians who are offered regular clinical skills and case management supervision to achieve the best results possible for our clients</p>



Person specification

	Essential	Desirable
Qualifications	<ul style="list-style-type: none"> ✔ Qualified Registered Mental Health Nurse (RMN) ✔ NMC registered 	<ul style="list-style-type: none"> ✔ Psychology or other health related postgraduate degree ✔ Trained in an applied psychological therapy approaches – CBT, DBT, Motivational Interviewing
Experience	<ul style="list-style-type: none"> ✔ Evidence of working with people across the life span who have experienced a range of mental health and physical health difficulties ✔ A working knowledge and understanding of psychiatric medication ✔ Knowledge and understanding of how physical health and social determinants interact and influence mental health and behaviour ✔ Demonstrates robust risk assessment and management processes ✔ Demonstrates high standards in written communication ✔ Worked in a service where agreed targets in place demonstrating clinical outcomes ✔ Ability to manage own caseload, time and diary management 	<ul style="list-style-type: none"> ✔ Evidence of working in the local community ✔ Experience of working within a primary care setting ✔ Experience of using patient record systems
Skills/knowledge	<ul style="list-style-type: none"> ✔ IT literate – intermediate level minimum – ability to use 	



	<p>multiple patient-recording systems</p> <ul style="list-style-type: none"> ✔ Able to demonstrate clinical outcomes and meeting agreed performance targets ✔ Demonstrates high standards in written communication. ✔ Able to write clear reports and letters 	
<p>Personal competencies and qualities</p>	<ul style="list-style-type: none"> ✔ Excellent verbal and written communication skills ✔ Ability and willingness to travel in and around the Basildon and Brentwood area to conduct routine clinical practice (when the situation allows) ✔ High level of enthusiasm and motivation ✔ Ability to work individually or within a team and foster good working relationships ✔ Ability to work under pressure ✔ Excellent time management skills ✔ An awareness of and commitment to supporting and facilitating diversity and inclusion ✔ Willingness to travel to locations throughout the organisation as required 	<ul style="list-style-type: none"> ✔ Car driver



Version Control

Owner:	Human Resources	Review:	Annually	Classification:	1 (Proprietary)
Author:	Human Resources	Version:	V1.1	Status:	PUBLISHED
Date Published:	03/12/2019	Code:	TBC		

Version:	Date:	Summary of Changes
V1.1	03.12.19	Document copied onto authorised VHG branded Policy Template (original had no coding)

