Clinical Lead: Step 4 Psychological Therapy Service

## Job details

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| Job title: | Clinical Lead  |
| Department: | Basildon and Brentwood |
| Location: | Basildon and Brentwood  |
| Reporting to: (job title only) | Service Lead  |
| Accountable to: (where applicable) |  |
| Job purpose: | * The Clinical Lead will ensure that the Step 4 Psychological Therapy Service (PTS) has appropriate clinical governance ensuring it is clinically safe, effective and accessible to service users who’s mental health needs fall outside the remit of primary psychological therapy (IAPT) and secondary care services
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| Role and Responsibilities: |

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| * The Clinical Lead will be responsible for assessing, formulating and treating clients
* Manage a caseload of clients autonomously
* Provide of regular supervision to Band 7 psychological therapists
* Ensure that agreed SLAs and KPIs are met
* Report on service performance at internal business governance meetings
* Develop and foster relationships with NHS and non-NHS health and social care services
* Deliver training to members of the Step 4 Psychological Therapy Service
* Observe current health and safety working practices
* Effectively use supervision to continually inform current practice
* Keep up to date with continuous professional development (CPD)
* Adhere to code of conduct and standards of proficiency as outlined by relevant professional body
* Conduct clinical audit, routine outcome monitoring and reporting to inform evidence-based practice and service development changes
* To lead on and implement service delivery changes supported by the service lead where necessary
* Maintain high standards of clinical record keeping
* Behave in a manner consistent with VHG’s values
* Attend multi-disciplinary team meetings and represent Vita Health Group in external meetings when required

Any other reasonable request as required |

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| Additional information: | Travel will be required, so a full clean driving licence is desirableVHG have highly successful services and value our clinicians who are offered regular clinical skills and case management supervision to achieve the best results possible for our clients |

## Person specification

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|  | **Essential** | **Desirable** |
| **Qualifications** | * Qualified Mental Health profession such as – clinical psychologist, mental health nurse, social worker, occupational therapist, CBT therapist
* Registered with relevant professional body, eg,– NMC, HCPC, BABCP

 * Trained in at least one applied psychological therapy approach
* Supervisor trained

  | * DBT trained
* MBT trained
* CBT for psychosis trained
* EMDR
* ACT/Mindfulness-based interventions
* Trained in Structured Clinical Management (SCM)
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| **Experience** | * Evidence of working with adults
* At least 2-years experience of working as a psychological therapist
* Experience of supervising other health professionals
* Ability to assess, formulate and treat complex presentations,

such as emotionally unstable personality disorder, psychosis, bi-polar disorder using evidence-based psychological therapy approaches * Experience of MDT working
* Experience of working with individuals in a structured and boundaried manner
* Participating in regular clinical supervision of clinical practice
* Knowledge and understanding of how physical health and social determinants interact and influence mental health and behaviour
* Demonstrates robust risk assessment and management processes
* Demonstrates high standards in written communication
* Worked in a service where agreed targets in place demonstrating clinical outcomes
* Ability to manage own caseload, time and diary management
 | * Experience of working within secondary care services, such as recovery teams, CMHTs
* Experience of using patient recording systems
* Experience of using validated psychometrics, such as the PANSS, BAV-Qr, IPDE, MCMI-IV, Zanarini
* Leading on service development initiatives
* Experience of running therapy groups and managing difficult group dynamics
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| **Skills/knowledge** | * IT literate – intermediate level minimum – ability to use patient-recording systems
* Able to demonstrate clinical outcomes and meeting agreed performance targets
* Demonstrates high standards in written communication.
* Able to write clear reports and letters
 | * Knowledge of NHS patient recording systems
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| **Personal competencies and qualities** | * Excellent verbal and written communication skills
* Ability and willingness to travel in and around the Basildon and Brentwood area to conduct routine clinical practice
* High level of enthusiasm and motivation
* Ability to work individually or within a team and foster good working relationships
* Ability to work under pressure
* Excellent time management skills
* An awareness of and commitment to supporting and facilitating diversity and inclusion
* Willingness to travel to locations throughout the organisation as required
 | * Car driver
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# Version Control

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| Owner: | Human Resources | Review: | Annually | Classification: | 1 (Proprietary) |
| Author: | Human Resources | Version: | V1.1 | Status: | PUBLISHED |
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| Version: | Date: | Summary of Changes |
| V1.1 | 03.12.19 | Document copied onto authorised VHG branded Policy Template (original had no coding) |
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