Apprentice Psychological Wellbeing Practitioner

## Job details

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| Job title: | Apprentice PWP |
| Department: | Vita Minds IAPT Service |
| Location: | Basildon and Brentwood (BB) |
| Reporting to:  (job title only) | Senior Step 2 Practitioner/ Step 2 Lead and Training Manager |
| Direct reports:  (job title only) |  |
| Accountable to:  (where applicable) | Service manager, Clinical Lead, Step 2 senior team |
| Responsible to:  (where applicable) | Service manager, Clinical Lead, Step 2 senior team |
| Job purpose: | We are excited to be recruiting for several enthusiastic Apprentice Psychological Wellbeing Practitioners to join our expanding Basildon and Brentwood Improving Access to Psychological Therapies (IAPT) Service. The Apprentice Psychological Wellbeing Practitioner (Apprentice PWP) is a new and developing route to train to work within (IAPT), offering an opportunity for applicants without degree qualifications but with other relevant professional and work experience in caring for people, particularly those experiencing mental health difficulties to train as PWP’s. Applicants will come from a range of backgrounds; often applicants will be support workers, care workers, triage assessors and other helping roles, and applicants who have experienced and overcome common mental health problems with career aspirations in mental health are encouraged to apply. |
| Role and Responsibilities: | This training post will equip you to assess patients and deliver Step 2 Guided Self-Help Low Intensity Interventions to clients with a range of common mental health problems such as anxiety and depression in primary care, for which CBT interventions are demonstrated to be clinically effective. You will be in service three days per week gaining invaluable experience assessing and working with people from local communities, with one day at the University of East Anglia and one scheduled study day. There may be a combination of in person and remote learning and applicants need to be able to attend the University of East Anglia as required.  The course commences on the 22nd August 2022. The course is 12 months long and in addition to the training and assessments at university you will also need to complete an End Point Assessment conducted by the BPS to assess core practical competencies. Successful completion of all of these elements will enable you to work as a Psychological Wellbeing Practitioner (PWP).  You will be joining a motivated workforce and will be supported in the completion of both your academic study and the clinical delivery by skilled and experienced supervisors.  **Equality Diversity & Inclusion (EDI)**  We are proud to be an equal opportunities employer and are fully committed to EDI best practice in all we do. We believe it is the responsibility of everyone to ensure their actions support this with all internal and external stakeholders.   * Be aware of the impact of your behaviour on others * Ensure that others are treated with fairness, dignity and respect * Maintain and develop your knowledge about what EDI is and why it is important * Be prepared to challenge bias, discrimination and prejudice if possible to do so and raise with your manager and EDI team * Encourage and support others to feel confident in speaking up if they have been subjected to or witnessed bias, discrimination or prejudice * Be prepared to speak up for others if you witness bias, discrimination or prejudice |
| Clinical Governance:  (where applicable) |  |
| Training and supervision: | Provided by University of East Anglia |
| Additional information: | Some travel including occasional overnight stays may be required, so a full clean driving licence is desired.  Applicants will only be offered an apprenticeship post if they meet the eligibility criteria for apprenticeship funding as set out by the Education and Skills Funding Agency. See attached document pg 93-100; The Apprenticeship funding rules for main providers guidance for eligibility criteria. |

## Person specification

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|  | **Essential** | **Desirable** |
| **Qualifications** | * Ability to demonstrate or evidence capability to complete level 5 academic work * Level 2 Maths and English qualifications, or the equivalent and must be able to evidence this with certificates. |  |
| **Experience** | * + Experience of working with people, ideally with mental health problems or difficulties.   + Experience in a caring capacity in a support, care or admin work role      * + Possess a good understanding of IAPT and the role of a PWP   + Experience of working with people from different cultural backgrounds and ages, supporting and facilitating diversity and inclusion   + An interest in supporting patients with anxiety and depression using Cognitive Behavioural Therapy (CBT) self-help | * + Ability to work to deadlines, meet targets and prioritise workload   + Experience of working in Primary Care Services   + Worked in a service where agreed targets in place demonstrating clinical outcomes |
| **Skills/knowledge** | * Able to develop good therapeutic relationships with clients * Demonstrates an understanding of anxiety and depression and how it may present in Primary Care   + Demonstrates an awareness of how to manage risk and safeguarding concerns. * IT literate – intermediate level minimum * Flexible and able to provide out of hours clinics as required by service needs * Willingness to travel | * + Demonstrates a knowledge of the issues surrounding work and the impact it can have on mental health |
| **Personal competencies and qualities** | * Be resilient and thrive under pressure * Excellent verbal and written communication skills * High level of enthusiasm and motivation * Able to work to deadlines and meet targets * Ability to work individually or within a team and foster good working relationships * An awareness of and commitment to supporting and facilitating diversity and inclusion * Excellent time management skills | * + Those without a valid permit to work and study in the UK are not eligible to apply for this position. |

# Version Control

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| Owner: | Human Resources | Review: | Annually | Classification: | 1 (Proprietary) |
| Author: | Human Resources | Version: | V1.1 | Status: | PUBLISHED |
| Date Published: | 03/12/2019 | Code: | TBC |  |  |

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| Version: | Date: | Summary of Changes |
| V1.1 | 03.12.19 | Document copied onto authorised VHG branded Policy Template (original had no coding) |
| V1.2 | 06/08/20 | Updated to include diversity and inclusion statement |
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