

Hi!

Thank you for applying to our Trainee High Intensity Therapist recruitment programme.

We have included below some further information on the process which you may find useful.

**Our Service Areas and Universities**

Our service areas are in the following locations:

* Kent and Medway
* West Essex
* Basildon and Brentwood
* Derby
* Bristol, North Somerset, South Gloucestershire
* Newcastle upon Tyne
* Leicester, Leicestershire and Rutland
* Calderdale
* Nottinghamshire

The course for this recruitment is to be delivered remotely at the University. There will be two induction days that require face to face attendance and all other teaching will be delivered remotely. There is the option to work in the Basildon and Brentwood service area either face to face or remotely.

**The Recruitment Process**

We recruit for Trainee HITs twice per year and adverts usually go out May/June time for Autumn cohorts and November/December time for Spring cohorts. We advertise directly on our website, Indeed and also on NHS jobs. Adverts are sometimes closed early due to the number of applications we receive.

The process will be an interview with panel representatives from both Vita Health Group and the University. Interviews will be conducted remotely using Microsoft Teams.

If you are successful at interview you will then begin our onboarding process which involves a DBS (Disclosure and Barring Service) check, right to work in the UK check, references, proof of qualifications, and an internet broadband speed check. After successfully onboarding, we will provide you with all the equipment you need for your new role.

**The University of Hertfordshire**

The University of Hertfordshire has a rich and vibrant history of higher education excellence. In 2022-23 we are celebrating our 70th anniversary of powering the potential of the many students, graduates, businesses and staff who have passed through our doors.

The University of Hertfordshire has stayed true to our roots, sustaining our focus on ensuring the employability of our students, providing over 550 career-focused courses aligned with the needs of industry and the public sector. As Hertfordshire’s only University, we remain committed to the regional skills agenda, just as we have done throughout each of our 70 years.

For further information about the University please visit: <https://www.herts.ac.uk/>

**The Course: PgDip Cognitive Behavioural Therapy**

The Postgraduate Diploma in Cognitive Behaviour Therapy (IAPT) course is an exciting and innovative course, delivered by an enthusiastic team of Cognitive Behaviour Psychotherapists and lecturers. The course structure is designed to give you a postgraduate diploma (PgDip) in CBT (full-time over one year with provisional BABCP accreditation).

The PgDip in Cognitive Behavioural Therapy is delivered over one academic year to facilitate the development of knowledge and application of CBT in stages. You will exit with eligibility for provisional accreditation. All students on this pathway will utilise their employment in an IAPT site to achieve the required 200 hours. 8-10 client sessions are advised per week.

For further information about the course please visit: <https://www.applycpd.com/HERTS/courses/115747?courseId=115747&tabId=3>

**We hope this is helpful – if there is anything else you need just let us know!**

**Vita Health Group Recruitment Team**

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