## The course with Canterbury Christ Church University

These exciting roles include a NHS-England fully funded training course which will help you to expand your clinical skills to deliver evidence-based psychological therapies for people with anxiety and depression.

Successful candidates will attend a Postgraduate Diploma in Psychological Therapies (CBT) two days a week which is taught by experts in the field. It will take place in person at Canterbury Christ Church University, Tunbridge Wells campus at the Salomons Institute for Applied Psychology.

There will be frequent academic deadlines throughout the year while carrying out your clinical work 3 days a week. This will enable you to put into practice all that you are learning under the supervision of accredited CBT therapist and work towards your own accreditation as a CBT therapist.

Once you have completed the assignments and qualified from the course your employing service will plan your future development as a newly qualified therapist within the Talking Therapies service.

Further information about the training programme can be found on the Canterbury Christ Church University website here:

<https://www.canterbury.ac.uk/science-engineering-and-social-sciences/salomons-institute-for-applied-psychology/programmes/pgdip-in-cognitive-behaviour-therapy/pgdip-in-cognitive-behaviour-therapy.aspx>

##

## Eligibility for this role:

**Route 1: Candidates with a core profession:**

Candidates with the following core professions recognised by the BABCP can apply for the role if they have a year’s post-qualifying experience and are registered with the relevant professional body:

Registered Nurse - Mental Health (RMN), Learning Disability (General Nursing and enrolled nursing is insufficient)

Medicine Psychiatric and General Practitioner MBChB or MBBS and usually PG training with membership of MRCGP, MRCP or MRCPsych

Occupational Therapy - BSc (Hons) Occupational Therapy, MSc Occupational Therapy, or Dip C.O.T and HPC Registered

Arts Therapist (HCPC Registered)

Counselling Accredited with the BACP, NCS, IACP, COSCA, UKCP, or FDAP (NCAC)

Social Work - CQSW, DipSW, MASocial Work or BA/BSc Hons Social Work. Registered with one of four UK regulators - Social Work England (SWE), Social Care Wales (SCW), Northern Ireland Social Care Council (NISCC) and Scottish Social Services Council (SSSC)

Psychotherapy/ Psychotherapeutic Counselling - UKCP Registration

Postgraduate Doctorate in Clinical/Counselling Psychology - accredited by the British Psychological Society and HCPC Registered as Practitioner Psychologist

Educational Psychology - Doctorate or QEPS - must have BPS Chartership (CPsychol) and HCPC Registration as Practitioner Psychologist

Health Psychology - QHP stage 2 - must have BPS Chartership (CPsychol) and HCPC Registration as Practitioner Psychologist

Forensic Psychology - QFP stage 2 - must have BPS Chartership (CPsychol) and HCPC Registration as Practitioner Psychologist

For further information on core professions, please refer to the BABCP website: <https://babcp.com/Core-Professions>

**Route 2: Candidates without a core profession but have more than two years’ experience working in mental health:**

Applicants without a core profession but have 2 years’ experience working in mental health can apply via the Knowledge, Skills and Attributes route (KSA)

The types of work experience that may be relevant includes:

Psychological Wellbeing Practitioners (PWP) with at least 2 years post graduate experience

Counsellors without UKCP or BACP accreditation

Assistant Psychologists with significant experience of working with clients

Teacher of special education

Educational Mental Health Practitioner (EMHP) with at least 2 years post graduate experience

To apply via this route you must be able evidence that your knowledge, skills and attributes met the criteria of the British Association of Behavioural and Cognitive Psychotherapies (BABCP) by providing a portfolio of evidence that will need to be submitted prior to interview.

For further information on KSA portfolios can be found on the BABCP website:

<https://babcp.com/Accreditation/Cognitive-Behavioural-Psychotherapist-Accreditation/Knowledge-Skills-and-Attitudes/KSA-Guidelines>

Successful candidates will have experience of working therapeutically with clients seeking support with their mental health. While knowledge of CBT is not essential on application, an understanding of its basic principles is desirable.

##

## Shortlisting Criteria

Qualifications:

Essential

(a) A professional qualification recognised as a 'Core Profession' by BABCP such

as Mental Health Nursing, Clinical Psychology, Social Work, Occupational Therapy,

or an accredited Counselling qualification. A full list of recognised Core

Professions is available here.

OR

(b) Demonstrate, through the BABCPs 'Knowledge, Skills and Attitudes (KSA)'

application, that they have the required core training and competence for the

delivery of a psychological therapy within an ethical framework.

WITH

(c) A good honours degree in any subject OR Provide evidence of ability to study

successfully at Postgraduate level.

**Experience**

Essential

*Work Experience*. If you work, or have worked, in one of the Core Professions, you

must have done so for at least 12 months post-qualification. If you are taking the

KSA route, you will need a minimum of 2 years Full Time Equivalent experience

working within a mental health setting.

Please clearly demonstrate in your application how you meet either of these criteria and give full details of your work experience.

**Skills and Knowledge**

Essential

Proficiency in English

Currently the minimum requirements are a score of 7.0 for IELTS with no element

below a score of 6.5, or 100 for internet-based TOEFL, 250 for computer-based

TOEFL or 600 for paper-based TOEFL. If you have successfully completed a

degree at a UK university, this will also be taken as sufficient indication of English

language proficiency