Trainee Psychological Wellbeing Practitioner (PWP)

## Job details

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| Job title: | Trainee Psychological Wellbeing Practitioner (PWP) |
| Department: | VitaMinds IAPT Service |
| Location: | Bristol, North Somerset, South Gloucestershire (BNSSG) |
| Reporting to:  (job title only) | Step 2 Team Leader |
| Direct reports:  (job title only) | None |
| Accountable to:  (where applicable) | Service manager, Clinical Lead, Step 2 Team Leader, Step 2 Senior Team Lead and Trainee Manager |
| Responsible to:  (where applicable) | Service manager, Clinical Lead, Step 2 Team Leader, Step 2 Senior Team Lead and Trainee Manager |
| Job purpose: | We have the opportunity to recruit a number of enthusiastic and committed Trainee Psychological Wellbeing Practitioners (Trainee PWPs) to join our expanding Improving Access to Psychological Therapies (IAPT) Service in Bristol, North Somerset and South Gloucestershire. |
| Role and Responsibilities: | In this role, you will provide Low Intensity interventions whilst undertaking the Psychological Therapies Practice (Low Intensity Cognitive Behavioural Therapy) training, at either PGCert or degree level, delivered by the University of Exeter. This training will equip you to provide Step 2 Guided Self-Help Low Intensity interventions to clients with a range of common mental health problems for which CBT interventions are demonstrated to be clinically effective, including anxiety and depression.  You will be joining a motivated workforce and will be supported in the completion of both your academic study and clinical delivery by skilled and experienced supervisors.  The role typically comprises 3 days per week undertaking clinical practice with the service and 2 days per week attending university. University days will be remote teaching. |
| Clinical Governance:  (where applicable) |  |
| Training and supervision: | Provided by University of Exeter and the workplace. |
| Additional information: | Online interviews will be held between the 4th and 8th of July with an additional interview with Exeter university on the 12th of July.  Applicants must be available to commence the role on the 12th of September 2022 and to attend the first day of training with University of Exeter on the 13th of September 2022.  Applicants must be available to attend all university days on a weekly basis from September 2022- March 2023.  The role is likely to include remote working but attendance at one of the BNSSG offices will be required at least twice a week. |
|  | This role will be offered on a permanent contract. |

## Person specification

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|  | **Essential** | **Desirable** |
| **Qualifications** | * + For postgraduate programmes: undergraduate degree or evidence of previous successful study at Regulated Qualifications Framework Level 6   or   * + For undergraduate programme: evidence of ability to study at Regulated Qualifications Framework Level 5 |  |
| **Experience** | * One year’s working experience in settings with high exposure to people with mental health difficulties which can include voluntary work or expertise gained by experience of mental health problems | * Experience of telephone working |
| **Skills/knowledge** | * IT literate – intermediate level minimum * Flexible and able to provide out of hours clinics as required by service needs * Willingness to travel | * Knowledge and use of CBT techniques in the treatment of common mental health difficulties |
| **Personal competencies and qualities** | * Evidence of interpersonal skills to engage and develop working alliances with colleagues and patients * Evidence of an openness to learning new knowledge and skills * Excellent verbal and written communication skills * High level of enthusiasm and motivation * Ability to work individually or within a team and foster good working relationships * Ability to work under pressure * Excellent administrative and time management skills |  |
| **Other** | * + Availability to attend university teaching and study days. Most teaching will be 2 day per week from September 2022- March 2023.   + This will be in conjunction with a minimum period of low intensity clinical practice per week in the service.   + **Applicants are invited to apply via the link and write a brief cover letting explaining the reasons why they have applied for the role.** |  |

# Version Control

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| Owner: | Human Resources | Review: | Annually | Classification: | 1 (Proprietary) |
| Author: | Human Resources | Version: | V1.1 | Status: | PUBLISHED |
| Date Published: | 03/12/2019 | Code: | TBC |  |  |

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| Version: | Date: | Summary of Changes |
| V1.1 | 03.12.19 | Document copied onto authorised VHG branded Policy Template (original had no coding) |
| V1.2 | 2.7.20 | Person spec updated |
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