

Hi!

Thank you for considering our Trainee High Intensity Therapist recruitment programme.

We have included below some further information on the process which you may find useful.

**Our Service Areas and Universities**

Our service areas are in the following locations:

* Kent and Medway
* West Essex
* Basildon and Brentwood
* Derby
* Bristol, North Somerset, South Gloucestershire
* Newcastle upon Tyne
* Leicester, Leicestershire and Rutland
* Calderdale
* Nottinghamshire

University Courses are typically for one-year full-time with one teaching day per week at the University, one study day per week and three days per week in service. This can be a mixture of remote and face-to-face working so you must be able to attend both the University and service area.

**The Recruitment Process**

We recruit for Trainee HITs twice per year and adverts usually go out May/June time for Autumn cohorts and November/December time for Spring cohorts. We advertise directly on our website, Indeed and also on NHS jobs. Because of the extremely high application rate the advert is only open for a short time when we advertise for Trainee HITs so we encourage you to get your application in quickly. Adverts are sometimes closed early due to the number of applications we receive.

The recruitment process for this trainee role will involve panel representatives from both Vita Health Group, Everyturn and the University.It will be conducted remotely using Microsoft Teams.

If you are successful at interview you will then begin our onboarding process which involves a DBS (Disclosure and Barring Service) check, right to work in the UK check, references, proof of qualifications, and an internet broadband speed check. After successfully onboarding, we will provide you with all the equipment you need for your new role.

**The University of Nottingham**

The University of Nottingham's position as a world-class university is confirmed by its ranking in the global [league tables](https://www.nottingham.ac.uk/about/facts/league-tables.aspx). We are proud of our award-winning campuses, both at home and abroad, and continually invest in the University's grounds, buildings and facilities.

Developing and managing the University's environment is at the heart of our values, ensuring that the student experience and environmental sustainability remain firmly on the University's agenda.

For further information about the University visit <https://www.nottingham.ac.uk/>

**PGDip Cognitive Behavioural Therapy**

On this course, you’ll learn how to support individuals and make a real difference to their mental health and wellbeing. You'll develop your knowledge and practice of Cognitive Behavioural Therapy (CBT) and develop the skills you’ll need to work as a CBT (high-intensity) practitioner. Our course gives you the opportunity to put the therapeutic skills you've learned into practice during your weekly clinical supervision sessions. You'll receive dedicated support and expert teaching from a team of accredited Cognitive Behavioural Therapists with a wide range of experience across primary and secondary care.

For further information about the course visit:
<https://www.nottingham.ac.uk/pgstudy/course/taught/cognitive-behavioural-therapy-msc>

**We hope this is helpful – if there is anything else you need just let us know!**