Psychological Therapies review Project Lead

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| Job title: | Psychological Therapies review Project Lead |
| Department: | NHS Talking Therapies |
| Location: | Bristol, North Somerset & South Gloucestershire (BNSSG) – 50% working from home & 50% working from an office base within the geography |
| Reporting to:  (job title only) | Service Lead - BNSSG |
| Direct reports:  (job title only) | None |
| Accountable to:  (where applicable) | Service Lead - BNSSG |
| Responsible to:  (where applicable) |  |
| Background | There is a lack of accessible psychological therapy provision across statutory services in BNSSG and there are some therapies missing altogether from the system.  This is particularly true for people who have ‘complex’ trauma presentations and require longer term and trauma informed interventions to address their needs.  Much of the therapy that people access in Primary Care outside of NHS Talking Therapies and Secondary Care is provided in the Voluntary Sector, by specialist charitable organisations. This therapy is unevenly distributed across the six localities in BNSSG and we do not have robust quality assurance mechanisms.  Part of the wider aim of the Community Mental Health Framework is to better align the VCSE and statutory services to address gaps in the system and to provide a wide range of interventions to suit people’s needs. |
| Job purpose: | Fixed Term (1 Year) role for a Project Lead with a Clinical background in Counselling Psychology/accredited Psychotherapist with a good knowledge of psychotherapy/ counselling service provision across the BNSSG area and across statutory/ VCSE provision.  You will be tasked with engaging with key partners across the system to explore the provision currently available and to look at options around recommendations for redesign/ implementation to optimise psychological therapies provision for the people of BNSSG.  The scoping of the VCSE therapy provision will be carried out by a Project Co-ordinator, employed within a voluntary sector organisation. The Project Lead role will explore existing statutory psychological therapies provision, review the voluntary sector therapy provision gleaned by the Project Co-ordinator and identify any provision gaps across the whole mental health system.  This work seeks to increase access to psychologically informed interventions across BNSSG |
| Role and Responsibilities: | * Co-ordinating partnership working between NHS Talking Therapies/ AWP/ VCSE providers to look at the provision of evidence based/ effective psychological therapies/ interventions across BNSSG, with a particular focus on the ‘therapy gap’ around complex trauma/ emotional regulation. * Scoping of models of care in other geographical areas/ best practice to inform the wider system. * Review training and supervision – identify and list existing practices and benchmark against recommended best practice for this. * Review what is happening in different agencies, areas of excellent practice and development with regards to Psychologically Informed Practice/ Trauma and culturally Informed work. * Describe how therapies meet the needs of the local population so that all people benefit, including those from minoritised communities and those with protected characteristics. * Work with partners to develop and agree a new model of care to increase people’s access to psychologically informed interventions across BNSSG. * Write reports on the options around evidence-based provision and how best to configure a pathway to address this gap. * Provide direct therapy/ supervision work and the trialling of clinical models/ ideas where appropriate and agreed with the BNSSG Service Lead. * Role will be approximately 60/40 split between scoping/ project work and direct clinical work. * To work closely with VCSE and AWP partners in a ‘phased’ approach: Engagement/ Reporting/ Redesign |
| Clinical Governance:  (where applicable) |  |
| Training and supervision: | Relevant training /supervision will be provided to maintain accreditation |
| Additional information: | Fixed Term role for 1 year, salary dependent on qualification/ experience |

Person specification

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|  | **Essential** | **Desirable** |
| **Qualifications** | * Qualification and experience as a Counselling/ Clinical Psychologist or experienced accredited psychotherapist with HCPC registration/ Accreditation with another relevant body (eg BABCP/ UKCP/ BACP) | * + Project management qualification |
| **Experience** | * Experience of leading projects * Experience of working with a wide range of individuals with complex problems * Experience of multidisciplinary working within an NHS setting including consultation in case discussions, and team meetings. * Experience of formulating people’s difficulties from a psychological perspective and communicating to service users and multidisciplinary staff * Experience of offering clinical supervision and/ or facilitating reflective practice sessions for multidisciplinary staff | * Experience of developing and delivering training to support multidisciplinary teams and others as appropriate * Experience of running therapeutic groups e.g. groups with a relational focus, CBT, DBT, MBT, Psycho-social education, etc. * Experience of leadership and/ or service development within NHS/ VCSE services. |
| **Skills/knowledge** | * A good knowledge of/ training in different therapeutic approaches (e.g. Counselling, Psychotherapy, EMDR, Schema focused approaches, CBT) |  |
| **Specialist training** | * Training/ accreditation in/ experience of delivering at least one therapeutic model |  |
| **Personal competencies and qualities** | * Excellent verbal and written communication skills * High level of enthusiasm and motivation * Good ‘team player’ * Ability to work under pressure * Excellent time management skills * Ability to work autonomously |  |

# Version Control

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| Owner: | Human Resources | Review: | Annually | Classification: | 1 (Proprietary) |
| Author: | Human Resources | Version: | V1.1 | Status: | PUBLISHED |
| Date Published: | 03/12/2019 | Code: | TBC |  |  |

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| Version: | Date: | Summary of Changes |
| V1.1 | 03.12.19 | Document copied onto authorised VHG branded Policy Template (original had no coding) |
| V1.2 | 06/08/20 | Updated to include diversity and inclusion statement |
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