Apprentice Psychological Wellbeing Practitioner

## Job details

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| Job title: | Apprentice PWP |
| Department: | VitaMinds Talking Therapies Service |
| Location: | Basildon and Brentwood (B&B) |
| Reporting to:  (job title only) | Senior Step 2 Practitioner/ Step 2 Lead and Training Manager |
| Direct reports:  (job title only) | n/a |
| Accountable to:  (where applicable) | Service manager, Clinical Lead, Step 2 senior team |
| Responsible to:  (where applicable) | Service manager, Clinical Lead, Step 2 senior team |
| Job purpose: | We are excited to be recruiting for several enthusiastic and committed **Apprentice Psychological Wellbeing Practitioners** to join our expanding Basildon and Brentwood Talking Therapies Service. Apprentice PWPs are expected to successfully complete the academic and clinical requirement of this role, as well as the End Point Assessment (EPA). |
| Role and Responsibilities: | Clinical   * Conduct telephone assessments of patients with common mental health disorders, identify their presenting problems and discuss treatment options. * Complete full risk assessments and identify any safeguarding concerns. * Deliver Low Intensity CBT interventions, taking consideration in the patients’ diversity and long term health condition needs. * Attend clinical and managerial supervision.   Training   * Fulfil all academic requirements for the PWP training and apprenticeship. * Attend additional training provided by the Service.   Professional   * Keep up to date on new guidelines set by NHS England, NICE and other relevant bodies. * Committed to provide people-centred, high quality of care to patients with integrity. * Committed to Continuous Professional Development and PWP registration. |
| Clinical Governance:  (where applicable) | n/a |
| Training and supervision: | Provided by University of Essex and VitaMinds Basildon & Brentwood Talking Therapies Service. |
| Additional information: | Some travel may be required, so a full clean driving licence is desired.  Applicants will only be offered an apprenticeship post if they meet the eligibility criteria for apprenticeship funding as set out by the Education and Skills Funding Agency. See ‘Eligibility Criteria’ in Pg 104-114 of Apprenticeship Funding Rules <https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/1155957/Apprenticeship_funding_rules_2324_Version_1.pdf> These rules are set by the UK government and cannot be changed by individual universities or the NHS service provider. |

## Person specification

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|  | **Essential** | **Desirable** |
| **Qualifications** | * Ability to demonstrate or evidence capability to complete study at Regulated Qualifications Framework Level 5 (A) * Level 2 Maths and English qualifications, or the equivalent and must be able to evidence this with certificates (A) |  |
| **Experience** | * + Experience of working with people, ideally with mental health problems or difficulties (A)   + Experience in a caring capacity in a support, care or admin work role (A)      * + Experience of working with people from different cultural backgrounds and ages, supporting and facilitating diversity and inclusion (A) | * + Experience of telephone working   + Experience of working in Primary Care Services   + Experience in a customer-focused setting   + Worked in a service where agreed targets in place demonstrating clinical outcomes   + Previous mental health experience |
| **Skills/knowledge** | * An interest in supporting people with anxiety and depression (A) * Demonstrates an understanding of anxiety and depression and how it may present in Primary Care (A) * Evidence of interpersonal skills to engage and develop working alliances with colleagues and clients (A) * Excellent verbal and written communication skills (A) * Possess a good understanding of Talking Therapies and the role of a PWP (A) * Excellent time management and administrative skills (A) * IT literate – intermediate level minimum (A) | * + Demonstrates a knowledge of the issues surrounding work and the impact it can have on mental health |
| **Personal competencies and qualities** | * Evidence of an openness to learning new knowledge and skills, demonstrating high level of enthusiasm and motivation (A) * Able to self-reflect on your own personal and professional development (I) * Ability to work individually and under pressure (A/I) * Ability to work to deadlines, meet targets and prioritise workload (I) * Commitment to supporting and facilitating diversity and inclusion (I) * Willingness to work one 12-8pm shift per week (I) * Willingness to travel to locations within the Service catchment area (I) | * Able to offer therapy in other languages. |

Assessment method: Application (A)/ Interview (I)

# Version Control

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| Owner: | Human Resources | Review: | Annually | Classification: | 1 (Proprietary) |
| Author: | Human Resources | Version: | V1.1 | Status: | PUBLISHED |
| Date Published: | 03/12/2019 | Code: | TBC |  |  |

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| Version: | Date: | Summary of Changes |
| V1.1 | 03.12.19 | Document copied onto authorised VHG branded Policy Template (original had no coding) |
| V1.2 | 06/08/20 | Updated to include diversity and inclusion statement |
| V1.3 | 20/09/23 | Updated role & responsibilities, essential and desirable criteria |