MSK Clinician Job Description

## Job details

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| **Job title:** | MSK Clinician (remote/onsite)  |
| **Department:** | Corporate MSK |
| **Location:** | West London - Onsite and Remote  |
| **Reporting to:** **(job title only)** | FRP Team Lead |
| **Job purpose:** | You will play a fundamental role in providing support to patients by delivering face to face MSK treatment and running gym-based rehabilitation classes. You will utilise your musculoskeletal knowledge to provide assessments, treatment and education to individuals with MSK symptoms and conditions. You will work across a number of our established service lines, both remotely and at our client sites. Doors will be opened for you to work with a range of clients whilst you manage a caseload of patients in a professional manner. |
| **Role and Responsibilities:** | * Assess, diagnosis and provide high quality patient care as an autonomous practitioner.
* Ensure appropriate consent to treat and to report is obtained.
* Carry out face to face assessments of patients in line with BASRaT/CSP/VHG standards of practice.
* Demonstrate ability to escalate clinical presentations appropriately and in a timely manner.
* Use outcome measures to demonstrate treatment effect.
* Provide evidence-based treatment and management of patients to achieve rapid return to function and work.
* Maintain records in line with BASRaT/CSP/HCPC core standards and Vita Health standards.
* Communicate with GPs and clients in line with Vita Health procedures
* Follow procedures and ensure data is logged on our Case Management system for each case in line with VHG policy.
* Actively participate in case reviews, supervision and training sessions.
* Liaise with referrers, employers and occupational health & safety professionals regarding return to work plans.
* Conduct biopsychosocial assessments and treatment alongside group sessions to facilitate recovery in patients with chronic conditions and those who require support in returning to work.
* The role may include the delivery of DSE assessments and provision of advice and equipment where required.
* The delivery of preventive services for customers ranging from manual handling to health and lifestyle training.
* Some MSK clinician job roles may require delivery of onsite MSK triage assessments and treatment.
* Keep up to date with evidence-based practice/guidelines.
* Responsible for organising, prioritisation and planning own caseload with support from operational team.
* Maintain evidence of continual professional development
* Other duties as may be required from time to time

**Equality Diversity & Inclusion (EDI)**We are proud to be an equal opportunities employer and are fully committed to EDI best practice in all we do.  Vita Health Group has several initiatives in place to achieve this including our Zero Tolerance Policy, Code of Conduct, Freedom to Speak Up Guardians, and more. We believe it is the responsibility of everyone to ensure their actions support this goal with all internal and external stakeholders.  * Be aware of the impact of your behaviour on others.
* Ensure that others are treated with fairness, dignity, and respect.
* Maintain and develop your knowledge about what EDI is and why it is important.
* Be prepared to challenge bias, discrimination, and prejudice when possible, and raise with your manager, the EDI & Sustainability team, or the Freedom to Speak Up Guardians.
* Encourage and support others to feel confident in speaking up if they have been subjected to or witnessed bias, discrimination, or prejudice.
* Be prepared to speak up for others if you witness bias, discrimination, or prejudice.
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| **Clinical Governance:****(where applicable)** | * Peer Audit of Records and Calls (as required)
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| **Training and supervision:** | * Regular In-house training
* Assigned Clinical Supervisor for 1:1 clinical support.
* Monthly auditing of clinical cases
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| **Additional information:** | * Some travel including occasional overnight stays may be required.
* Some roles may include on-site contract cover dependent on location (as required)
* Key performance Indicators include:
* Clinical Outcomes
* Patient Satisfaction
* Pathway Optimisation
* Operational factors such as utilisation
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## Person specification

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|  | **Essential** | **Desirable** |
| **Qualifications** | * A degree in relevant MSK profession such as Rehabilitation Therapy and Sports Rehabilitation (must have BASRaT membership)
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| **Experience** | * 12 months previous experience within an MSK service
* Experience of working individually and within a team
* Experience of managing a caseload of patients and running rehabilitation classes
 | * Experience in health coaching
* Experience in remote (especially video) MSK triage, planning and management
* Post-graduate experience in a MSK triage setting
* Experience of working with Physiotherapists
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| **Skills/knowledge** | * IT literate – intermediate level minimum - using electronic patient management systems
* Sound MSK knowledge including assessment/treatment of common conditions of the spine, upper limb and lower limb and awareness of post-operative protocols and precautions
* Basic knowledge of the Occupational Health (OH) sector including benefits of Physiotherapy OH.
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| **Specialist training** |  | * Occupational Health experience
* ACPOHE Membership or completion of ACPOHE Courses
* Functional testing and fitness for work testing (e.g. lift, push/pull)
* Return to work planning
* An up to date CPD portfolio
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| **Personal competencies and qualities** | * Excellent verbal and written communication skills
* High level of enthusiasm and motivation
* Ability to work individually or within a team and foster good working relationships
* Ability to work under pressure
* Excellent time management and prioritisation skills
* Ability to deescalate potential complaints
* Excellent rapport building skills
* Familiarity and confidence assessing & coaching patients via video link
* Ability to set goals, and design individualised and progressive rehabilitation programmes
* Friendly and approachable with excellent written and verbal communication skills
* Team Player
* Flexibility and willingness to adapt to the needs of the client
* An awareness of commitment to support and facilitating diversity and inclusion
 | * Speaks another language
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