Psychological Wellbeing Practitioner – NHS Talking Therapies Remote central team

## Job details

|  |  |
| --- | --- |
| Job title: | Psychological Wellbeing Practitioner |
| Department: | NHS Talking Therapies Primary Care Mental Health |
| Location: | Remote |
| Reporting to:  (job title only) | PWP Team Lead |
| Direct reports:  (job title only) | None |
| Accountable to:  (where applicable) | Service Lead |
| Responsible to:  (where applicable) |  |
| Job purpose: | * The successful candidate is responsible for providing low intensity CBT interventions to clients with Common Mental Health Disorders. * Be part of a centralised NHS Talking Therapies team within Vita working across multiple NHS services to provide additional resource when needed |
| Role and Responsibilities: | * Provide low intensity CBT interventions to clients with Common Mental Health Disorders. * Contribute to the development of the central IAPT team to support other NHS Talking Therapies services within Vita achieve their KPIs * Deliver telephone assessments and treatment as well as digital therapies such as online webinars and computerised CBT (CCBT) * Hold a full caseload (20 attended clinical hours) * Responsibility to understand the different IAPT services within Vita including their clinical pathways and signposting services * Work across multiple NHS Talking Therapies services within Vita * Proficient in the use of IAPTUS as an NHS Talking Therapies database * Good working knowledge of Governance and IG * Any other reasonable request as required   **Equality Diversity & Inclusion (EDI)**  We are proud to be an equal opportunities employer and are fully committed to EDI best practice in all we do. We believe it is the responsibility of everyone to ensure their actions support this with all internal and external stakeholders.   * Be prepared to challenge bias, discrimination and prejudice if possible to do so and raise with your manager and EDI team * Encourage and support others to feel confident in speaking up if they have been subjected to or witnessed bias, discrimination or prejudice * Be prepared to speak up for others if you witness bias, discrimination or prejudice * Be aware of the impact of your behaviour on others * Ensure that others are treated with fairness, dignity and respect * Maintain and develop your knowledge about what EDI is and why it is important |
| Clinical Governance:  (where applicable) |  |
| Training and supervision: | * VHG have highly successful NHS Talking Therapies services and staff are offered regular clinical skills and case management supervision to support them to achieve the best results possible for their patients * Opportunity for further training and development around supervision and leadership * Opportunity to be involved in projects * VHG promote personal and professional development of staff |
| Additional information: | Some travel including occasional overnight stays may be required, so a full clean driving licence is desired. |

## Person specification

|  |  |  |
| --- | --- | --- |
|  | **Essential** | **Desirable** |
| **Qualifications** | * Graduate/Postgraduate Certificate in Low Intensity Interventions * BABCP or BPS Registration | * Psychology or other health related undergraduate degree * Psychology or other health related postgraduate degree * IAPT approved supervision training |
| **Experience** | * Evidence of working with people who have experienced a mental health problem and experience within NHS Talking Therapies * Minimum 6 months post qualifying experience * Experience of using Computerised CBT (CCBT) * Demonstrates robust risk management processes * Demonstrates high standards in written communication * Worked in a service where agreed targets in place demonstrating clinical outcomes * Ability to manage own caseload and time * Experience of using patient record systems such as IAPTUS | * Evidence of working in the local community * Experience of facilitating Groups * Experience of digital referral systems |
| **Skills/knowledge** | * IT literate – intermediate level minimum * Able to demonstrate clinical outcomes and meeting agreed performance targets * Demonstrates high standards in written communication. * Ability to manage own caseload and time. * Able to write clear reports and letters |  |
| **Specialist training** |  |  |
| **Personal competencies and qualities** | * Enthusiasm for digital innovation * Excellent verbal and written communication skills * High level of enthusiasm and motivation * Ability to work individually or within a team and foster good working relationships * Ability to work under pressure * Excellent time management skills | * Car driver and/or ability and willingness to travel to locations throughout the organisation |

# Version Control

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Owner: | Human Resources | Review: | Annually | Classification: | 1 (Proprietary) |
| Author: | Human Resources | Version: | V1.1 | Status: | PUBLISHED |
| Date Published: | 03/12/2019 | Code: | TBC |  |  |

|  |  |  |
| --- | --- | --- |
| Version: | Date: | Summary of Changes |
| V1.1 | 03.12.19 | Document copied onto authorised VHG branded Policy Template (original had no coding) |
| V1.2 | 06/08/20 | Updated to include diversity and inclusion statement |
|  | 01.03.23 | Updated to replace IAPT with NHS Talking Therapies |
|  | 17.03.2023 | Updated to require BPS or BABCP registration. Added minimum experience |