

Hi!

Thank you for considering our Trainee Psychological Wellbeing Practitioner recruitment programme.

We have included below some further information on the process which you may find useful.

**Our Service Areas and Universities**

Our service areas are in the following locations:

* Kent and Medway
* West Essex
* Basildon and Brentwood
* Derby
* Bristol, North Somerset, South Gloucestershire
* Newcastle upon Tyne
* Leicester, Leicestershire and Rutland
* Calderdale
* Nottinghamshire

University Courses are typically for one-year full-time with one teaching day per week at the University, one study day per week and three days per week in service. This can be a mixture of remote and face-to-face working so you must be able to attend both the University and service area.

**The Recruitment Process**

We recruit for Trainee PWPs twice per year and adverts usually go out May/June time for Autumn cohorts and November/December time for Spring cohorts. We advertise directly on our website, Indeed and also on NHS jobs. Because of the extremely high application rate the advert is only open for a short time when we advertise for Trainee PWPs so we encourage you to get your application in quickly. Adverts are sometimes closed early due to the number of applications we receive.

The recruitment process will consist of an interview with panel representatives from both Vita Health Group and the University. Theinterview will consist of a role play (details provided with interview invite) and a combination of competence, experience and academic questions. It will be conducted remotely using Microsoft Teams.

If you are successful at interview you will then begin our onboarding process which involves a DBS (Disclosure and Barring Service) check, right to work in the UK check, references, proof of qualifications, and an internet broadband speed check. After successfully onboarding, we will provide you with all the equipment you need for your new role.

**De Montford University**

DMU is a campus-based university situated in Leicester. Our award-winning campus offers a safe space to live and study with convenient access to accommodation, shopping, nightlife and all that's on offer in the vibrant city centre right on our doorstep.

DMU postgraduate courses receive continual input from leading employers and professional bodies and are underpinned by continuous research.

This ensures they remain relevant and up-to-date and provide students with the skills and experience employers expect from candidates in a competitive job market.

For further information about the University visit the website: <https://www.dmu.ac.uk/home.aspx>

**The Course: Low Intensity Psychological Interventions**

Student-trainees are offered the resources of the Psychology Division as well as the University, including access to the Library, academic skills support such as CLASS, and mental health and wellbeing support. In addition, the NHS Talking Therapies Team liaises with the NHS Talking Therapies Service to provide clinical practice supervision; the NHS Talking Therapies Team provides teaching, facilitation of learning, observation and supervision in relation to students’ knowledge and skill development within the practice area.

For further course information visit the website: <https://www.dmu.ac.uk/study/courses/postgraduate-courses/low-intensity-psychological-interventions/low-intensity-psychological-interventions-graduate-and-pg-cert.aspx>

**How to become a Psychological Wellbeing Practitioner?**

Should you have any specific questions about how to become a PWP you can have a look at the BPS and NHS websites here:

<https://www.bps.org.uk/psychological-wellbeing-practitioner-job-profile>

<https://www.healthcareers.nhs.uk/explore-roles/psychological-therapies/roles/psychological-wellbeing-practitioner>

<https://www.ppn.nhs.uk/resources/careers-map/career/psychological-wellbeing-practitioner>

There is also a video here which gives further information about becoming a PWP and working at Vita Health Group

<https://healthcareers.live/national-health-careers-conference-2022-ahp-live-stage/>

We hope this is helpful – if there is anything else you need just let us know!