Psychological Wellbeing Practitioner Apprentice

## Job details

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| Job title: | Psychological Wellbeing Practitioner (PWP) Apprentice |
| Department: | Talking Therapies Service – Vita Health Group |
| Location: | Kent and Medway |
| Reporting to:  (job title only) | Step 2 Team Lead |
| Direct reports:  (job title only) | None |
| Accountable to:  (where applicable) | Service manager, Senior Team Lead, Clinical Lead, Step 2 Team Lead. |
| Responsible to:  (where applicable) | Service manager, Senior Team Lead, Clinical Lead, Step 2 Team Lead. |
| Job purpose: | We have several opportunities to recruit enthusiastic and committed Psychological Wellbeing Practitioners (PWP) Apprentices to join our Kent and Medway Talking Therapies Service. Apprentice PWPs are expected to successfully complete the academic and clinical requirement of this role. |
| Role and Responsibilities: | In this role, you will provide Low Intensity interventions whilst undertaking the Level 6 Certificate in Psychological Wellbeing Practice delivered by the University of Exeter. This training post will equip you to provide Step 2 Guided Self-Help Low Intensity Interventions to clients with a range of common mental health problems such as anxiety and depression in primary care, for which CBT interventions are demonstrated to be clinically effective.  You will be joining a motivated workforce and will be supported in the completion of both your academic study and the clinical delivery by skilled and experienced supervisors.  Clinical   * Conduct telephone assessments of patients with common mental health disorders, identify their presenting problems and discuss treatment options. * Complete full risk assessments and identify any safeguarding concerns. * Deliver Low Intensity CBT interventions, taking consideration in the patients’ diversity and long-term health condition needs. * Attend clinical and managerial supervision.   Training   * Fulfil all academic requirements for the PWP training. * Attend additional training provided by the Service.   Professional   * Keep up to date on new guidelines set by NHS England, NICE and other relevant bodies. * Committed to provide people-centred, high quality of care to patients with integrity. * Committed to Continuous Professional Development and PWP registration.   You will be joining a motivated workforce and will be supported in the completion of both your academic study and the clinical delivery by skilled and experienced supervisors.  **Equality Diversity & Inclusion (EDI)**  We are proud to be an equal opportunities employer and are fully committed to EDI best practice in all we do.  Vita Health Group has several initiatives in place to achieve this including our Zero Tolerance Policy, Code of Conduct, Freedom to Speak Up Guardians, and more. We believe it is the responsibility of everyone to ensure their actions support this goal with all internal and external stakeholders.     * Be aware of the impact of your behaviour on others. * Ensure that others are treated with fairness, dignity, and respect. * Maintain and develop your knowledge about what EDI is and why it is important. * Be prepared to challenge bias, discrimination, and prejudice when possible, and raise with your manager, the EDI & Sustainability team, or the Freedom to Speak Up Guardians. * Encourage and support others to feel confident in speaking up if they have been subjected to or witnessed bias, discrimination, or prejudice. * Be prepared to speak up for others if you witness bias, discrimination, or prejudice. |
| Clinical Governance:  (where applicable) |  |
| Training and supervision: | Provided by the University of Exeter and VitaMinds Kent & Medway Talking Therapies Service. |
| Additional information: | This is a remote or hybrid role for clinical practice in the Kent and Medway service area however travel within the Kent & Medway area for lectures and some clinical practice may be required. University learning will be a combination of face to face or remote learning so you must be able to attend University in person each week.  Travel including occasional overnight stays may be required, so a full clean driving licence is desired. |

## Person specification

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|  | **Essential** | **Desirable** |
| **Qualifications** | * Evidence of study at level 5 and also Level 2 English and Maths (GCSE certificates or equivalent; at C grade/level 4 or above) | * Psychology or other health related undergraduate/ postgraduate degree. |
| **Experience** | * At least 1 year paid or volunteer work in a mental health setting in a role directly supporting the mental health of others * Experience of working with people from different cultural backgrounds and ages, supporting and facilitating diversity and inclusion | * Experience of telephone working * Experience of working in Primary Care Services * Experience in a customer-focused setting * Worked in a service where agreed targets in place demonstrating clinical outcomes * Previous mental health experience |
| **Skills/knowledge** | * An interest in supporting people with anxiety and depression * Evidence of interpersonal skills to engage and develop working alliances with colleagues and patients * Excellent verbal and written communication skills * Possess a good understanding of Talking Therapies and the role of a PWP * Excellent time management and administrative skills * IT literate – intermediate level minimum * Flexible and able to provide out of hours clinics as required by service needs | * Training in nursing, social work, occupational therapy, art therapy or within a psychological therapy, psychology or other health related undergraduate / post graduate degree. * Knowledge and use of CBT techniques in the treatment of common mental health difficulties * Speaks another language |
| **Personal competencies and qualities** | * Excellent verbal and written communication skills * Excellent time management skills * Evidence of an openness to learning new knowledge and skills, demonstrating high level of enthusiasm and motivation * Able to self-reflect on your own personal and professional development * Ability to work individually and under pressure * Ability to work to deadlines, meet targets and prioritise workload * Commitment to supporting and facilitating diversity and inclusion * Willingness to work one 12-8pm shift per week * Willingness to travel to locations within the Service catchment area | * Able to offer therapy in other languages. |

# Version Control

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| Owner: | Human Resources | Review: | Annually | Classification: | 1 (Proprietary) |
| Author: | Human Resources | Version: | V1.1 | Status: | PUBLISHED |
| Date Published: | 03/12/2019 | Code: | TBC |  |  |

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| Version: | Date: | Summary of Changes |
| V1.1 | 03.12.19 | Document copied onto authorised VHG branded Policy Template (original had no coding) |
| V1.2 | 06/08/20 | Updated to include diversity and inclusion statement |
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