





Assistant Psychologist - IAPT

Job title:	Assistant Psychologist - IAPT
Department:	IAPT service
Location:	Remote
Reporting to: (job title only)	Integrated Wellbeing Support Team Lead
Direct reports: (job title only)	n/a
Accountable to: (where applicable)	Clinical Lead
Responsible to: (where applicable)	
Job purpose:	<p>The postholder will work remotely as part of the Integrated Support Team, providing psychological support to adults of working age who are experiencing common mental health problems within IAPT services. The role will involve assisting in the delivery of IAPT clinician-led interventions (such as psycho-educational courses) and the delivery (under close supervision) of discrete interventions to support individuals waiting for therapy.</p> <p>The postholder will be able to support the IAPT service in meeting the needs of the diverse local population and will work within VHGs equality, diversity and inclusion framework. They will work under the guidance and close supervision of the Integrated Support Team Lead.</p>
Role and Responsibilities:	<p>The post holder will be expected to:</p> <ul style="list-style-type: none">  To work with other staff in the application of psychological interventions  Help assist with the development and admin process of group interventions within the service  To assist in the co-ordination and running of psycho-educational groups, led by IAPT clinicians.  Help assist with the production of information webinars.

- 🌿 Deliver discrete non-IAPT interventions to support the safety and wellbeing of individuals waiting for psychological therapy.
- 🌿 To participate in clinical and line management supervision with the Integrated support team lead.
- 🌿 Ensure a culture of reflective practice within the team to develop quality improvements
- 🌿 Continued professional development evidenced ensuring statutory and mandatory training is completed in line with contractual obligations
- 🌿 To participate in personal and professional development in line with requirements for CPD
- 🌿 Conduct and take part in clinical audit, as directed by the Clinical Lead
- 🌿 To perform other duties, as required by the Integrated Support Team Lead

Operational:

- 🌿 To ensure that all processes are effective and high standards are maintained across our provision
- 🌿 Have a working knowledge of VHG policies and procedures
- 🌿 To participate in and keep up to date with VHG mandatory training requirements.
- 🌿 To develop skills and competencies necessary for the role, including attending additional training and CPD when required to do so.


Communication

The Assistant Psychologist will be required to communicate with a range of people, including communication about sensitive and difficult matters, with people who may be experiencing high levels of distress. Therefore, effective communication using a range of skills in relationship building and overcoming barriers to communication, whilst adhering to VHG policies and procedures is essential for the role.

Equality Diversity & Inclusion (EDI)

- 🌿 We are proud to be an equal opportunities employer and are fully committed to EDI best practice in all we do. We believe it is the responsibility of everyone to ensure their actions support this with all internal and external stakeholders.
- 🌿 Be aware of the impact of your behaviour on others
- 🌿 Ensure that others are treated with fairness, dignity and respect
- 🌿 Maintain and develop your knowledge about what EDI is and why it is important
- 🌿 Be prepared to challenge bias, discrimination and prejudice if possible to do so and raise with your manager and EDI team
- 🌿 Encourage and support others to feel confident in speaking up if they have been subjected to or witnessed bias, discrimination or prejudice



	 Be prepared to speak up for others if you witness bias, discrimination or prejudice
Clinical Governance: (where applicable)	
Training and supervision:	
Additional information:	



Person specification

	Essential	Desirable
Qualifications	<ul style="list-style-type: none"> Educated to graduate level with second class honours degree (minimum 2:1) Entitlement to graduate membership of the British Psychological Society. 	<ul style="list-style-type: none"> Masters degree in mental health or health research
Experience	<ul style="list-style-type: none"> Experience of working with a clinical population Experience of facilitating/co-facilitating group interventions Working in teams 	<ul style="list-style-type: none"> Experience of working within the NHS within a psychology service or IAPT service Experience of using CBT-informed interventions
Skills/knowledge	<ul style="list-style-type: none"> Knowledge of Common mental health problems and their impact 	<ul style="list-style-type: none"> Post graduate relevant experience or evidence of higher degree
Specialist training		
Personal competencies and qualities	<ul style="list-style-type: none"> High level critical skills and problem-solving skills with a solution focus Demonstrating sound judgement in the absence of clear guidelines and recognition of when to seek support / expert guidance Good presentation of self, enthusiastic, flexible, innovative. Committed to customer care and first-class service provision. 	



	<ul style="list-style-type: none">Flexible attitude to working arrangements.Ability to work within a pressurised environment.Ability to accept and use clinical supervision appropriately and effectively	
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Version Control

Owner:	Human Resources	Review:	Annually	Classification:	1 (Proprietary)
Author:	Human Resources	Version:	V1.1	Status:	PUBLISHED
Date Published:	03/12/2019	Code:	TBC		

Version:	Date:	Summary of Changes
V1.1	03.12.19	Document copied onto authorised VHG branded Policy Template (original had no coding)
V1.2	06/08/20	Updated to include diversity and inclusion statement

