

Hi!

Thank you for considering our Trainee Psychological Wellbeing Practitioner recruitment programme.

We have included below some further information on the process which you may find useful.

**Our Service Areas and Universities**

Our service areas are in the following locations:

* Kent and Medway
* West Essex
* Basildon and Brentwood
* Derby
* Bristol, North Somerset, South Gloucestershire
* Newcastle upon Tyne
* Leicester, Leicestershire and Rutland
* Calderdale
* Nottinghamshire

University Courses are typically for one-year full-time with one teaching day per week at the University, one study day per week and three days per week in service. This can be a mixture of remote and face-to-face working so you must be able to attend both the University and service area.

**The Recruitment Process**

We recruit for Trainee PWPs twice per year and adverts usually go out May/June time for Autumn cohorts and November/December time for Spring cohorts. We advertise directly on our website, Indeed and also on NHS jobs. Because of the extremely high application rate the advert is only open for a short time when we advertise for Trainee PWPs so we encourage you to get your application in quickly. Adverts are sometimes closed early due to the number of applications we receive.

The recruitment process for this trainee role will involve a representative from the University. The process will be an interview with panel representatives from both Vita Health Group and the University. The interview will involve a role play activity and a series of questions. We will send you the roleplay beforehand.It will be conducted remotely using Microsoft Teams.

If you are successful at interview you will then begin our onboarding process which involves a DBS (Disclosure and Barring Service) check, right to work in the UK check, references, proof of qualifications, and an internet broadband speed check. After successfully onboarding, we will provide you with all the equipment you need for your new role.

**Newcastle University**

Our 50-acre campus in Newcastle city centre is the hub for our teaching, research and collaboration. It includes facilities for research innovation, teaching and learning, and engagement.

Students benefit from facilities such as our award-winning [library service](https://www.ncl.ac.uk/library/) and [Centre for Physical Recreation and Sport](https://www.ncl.ac.uk/sport/).

We aim to be a**sustainable campus**, promoting initiatives to encourage our students and staff to adopt a sustainable lifestyle.

Our environmental commitments have been rewarded with a First Class award from the [People and Planet University League](https://peopleandplanet.org/university-league).

For further information visit <https://www.ncl.ac.uk/>

**Low Intensity Psychological Therapy PGCert**

This course is part of the Increasing Access to Psychological Therapies (IAPT) programme which trains Psychological Wellbeing Practitioners (PWPs) for NHS employment.

The Department of Health's IAPT programme is an innovative approach to mental health. You'll train to become a practitioner who helps those experiencing depression and anxiety. You'll do this through the use of evidence-based psychological therapies.

Low-intensity treatments use brief, cognitive behavioural therapy approaches. Practitioners offer a therapeutic intervention to help patients with their mental health. They may also engage with other services that will help them in their recovery.

For further course information visit <https://www.ncl.ac.uk/postgraduate/degrees/3070f/>

**How to become a Psychological Wellbeing Practitioner?**

Should you have any specific questions about how to become a PWP you can have a look at the BPS and NHS websites here:

<https://www.bps.org.uk/psychological-wellbeing-practitioner-job-profile>

<https://www.healthcareers.nhs.uk/explore-roles/psychological-therapies/roles/psychological-wellbeing-practitioner>

<https://www.ppn.nhs.uk/resources/careers-map/career/psychological-wellbeing-practitioner>

There is also a video here which gives further information about becoming a PWP and working at Vita Health Group

<https://healthcareers.live/national-health-careers-conference-2022-ahp-live-stage/>

**We hope this is helpful – if there is anything else you need just let us know!**