Psychological Wellbeing Practitioner

## Job details

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| Job title: | Network Psychological Wellbeing Practitioner |
| Department: | Psychological Therapy Services |
| Location: | Remote |
| Reporting to:  (job title only) | N/A |
| Accountable to:  (where applicable) | N/A |
| Responsible to:  (where applicable) | N/A |
| Job purpose: | To be part of a stepped care service providing low intensity interventions, cCBT, and GSH work to support the growth of our step 2 interventions across our NHS, Occupational Health and Private Medical Insurance services. |
| Role and Responsibilities: | * Accept referrals via agreed protocols within the Service * Work closely with all members of the NHS Service and Corporate Network Excellence Team to ensure high quality care to our clients * Low Intensity Cognitive Behavioural Therapy must be the modality of treatment utilised in the treatment of all VHG cases unless specifically agreed and should include a relapse prevention plan. * Assessments are either 30 or 45 minutes and Treatment is determined as 30 minute sessions. * Ensure all records are uploaded within 24hrs * Refer clients as appropriate determined by clinical presentation and available care pathways * Highlight Risk/Safeguarding to our Risk Duty Team. * Maintain standards of practice as defined by service protocols and Nice Guidelines * Deliver an evidence based, competent and confidential service at all times. * Keep knowledge up to date in relation to the guidelines set by the Dept. of Health * Be aware of and keep up to date with advances in psychological therapies * Following each assessment/session, notes, reports and letters must be completed within 24 hours. * If further patient follow up is required to be available for this * You shall submit accurate invoices, all such invoices shall be supplied in sufficient detail to avoid delay of payment * Invoices should be received no later than 60 days from the appointment date.   Any other reasonable duties as required.  **Equality Diversity & Inclusion (EDI)**  We are proud to be an equal opportunities employer and are fully committed to EDI best practice in all we do. We believe it is the responsibility of everyone to ensure their actions support this with all internal and external stakeholders.   * Be aware of the impact of your behaviour on others * Ensure that others are treated with fairness, dignity and respect * Maintain and develop your knowledge about what EDI is and why it is important * Be prepared to challenge bias, discrimination and prejudice if possible to do so and raise with your manager and EDI team * Encourage and support others to feel confident in speaking up if they have been subjected to or witnessed bias, discrimination or prejudice * Be prepared to speak up for others if you witness bias, discrimination or prejudice |
| Clinical Governance: (where applicable) | * Maintain comprehensive accurate electronic records of all clinical work to allow effective monitoring, review, audit, and evaluation of the service provided. * To collate and electronically record consent data and outcome measures for service audit(s). * Participate in and respond to feedback from case reviews & case audits to ensure best practice is maintained. * Exercise personal responsibility for the systematic clinical governance of your own professional work * Adhere to GDPR and other relevant legislation |

## Person specification

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|  | **Essential** | **Desirable** |
| **Qualifications** | * Low Intensity Post Graduate Diploma * BABCP Registered PWP |  |
| **Experience** |  | * Experience of delivering Low Intensity treatment within a psychological therapies’ service or private practice for at least 1 year. * Currently working within the NHS as a Psychological Wellbeing Practitioner |
| **Skills/knowledge** | * + IT literate – Intermediate level minimum. We ask for session notes to be completed and sent back to us and for use of Silvercloud   + Evidence based CBT interventions   + IAPT National Standards and NICE guidelines   + Outcome measures and their use for clinical and audit purposes. | * + Working with diverse user groups   + Knowledge of password protecting documents   + Completing and managing your own invoices   + A clear and relevant understand of GDPR |
| **Personal competencies and qualities** | * An awareness of and commitment to supporting and facilitating diversity and inclusion * Excellent verbal and written communication skills. * High level of enthusiasm and motivation. |  |

**Version Control**

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| Owner: | Human Resources | Review: | Annually | Classification: | 1 (Proprietary) |
| Author: | Human Resources | Version: | V1.1 | Status: | PUBLISHED |
| Date Published: | 03/12/2019 | Code: | TBC |  |  |

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| Version: | Date: | Summary of Changes |
| V1.1 | 03.12.19 | Document copied onto authorised VHG branded Policy Template (original had no coding) |
| V1.2 | 02/11/20 | Document amended to be appropriate for corporate services, removed AQP NHS terminology |
| V1.3 | 08/07/222 | Document amended to be appropriate for Network Corporate Services |