Trainee Psychological Wellbeing Practitioner

## Job details

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| Job title: | Trainee Psychological Wellbeing Practitioner (Band 4) |
| Department: | VitaMinds IAPT Service – Vita Health Group |
| Location: | Leicester City, Leicestershire & Rutland (LLR) |
| Reporting to:  (job title only) | Step 2 Training Manager |
| Direct reports:  (job title only) | None |
| Accountable to:  (where applicable) | Head of Service, Clinical Lead, Step 2 Service Manager. |
| Responsible to:  (where applicable) | Head of Service, Clinical Lead, Step 2 Service Manager. |
| Job purpose: | We have several opportunities to recruit enthusiastic and committed Trainee Psychological Wellbeing Practitioners (Trainee PWPs) to join our Leicester City, Leicestershire & Rutland Talking Therapies Service. |
| Role and Responsibilities: | In this role, you will provide Low Intensity interventions whilst undertaking the PG Certificate delivered face to face by the De Montfort University which commences in September 2023. This training post will equip you to provide Step 2 Guided Self-Help Low Intensity Interventions to clients with a range of common mental health problems such as anxiety and depression in primary care, for which CBT interventions are demonstrated to be clinically effective.  You will be joining a motivated workforce and will be supported in the completion of both your academic study and the clinical delivery by skilled and experienced supervisors.  On successful completion of your training you will have the opportunity to transition into the role of a qualified PWP.  **Equality Diversity & Inclusion (EDI)**  We are proud to be an equal opportunities employer and are fully committed to EDI best practice in all we do. We believe it is the responsibility of everyone to ensure their actions support this with all internal and external stakeholders.   * Be aware of the impact of your behaviour on others * Ensure that others are treated with fairness, dignity and respect * Maintain and develop your knowledge about what EDI is and why it is important * Be prepared to challenge bias, discrimination and prejudice if possible to do so and raise with your manager and EDI team * Encourage and support others to feel confident in speaking up if they have been subjected to or witnessed bias, discrimination or prejudice * Be prepared to speak up for others if you witness bias, discrimination or prejudice |
| Clinical Governance:  (where applicable) |  |
| Training and supervision: | Provided by De Montfort University, Leicester and work place. |
| Additional information: | Some travel may be required, so a full clean driving licence is desired.  You will be required to travel to the University and any clinic placements within the LLR area |

## Person specification

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|  | **Essential** | **Desirable** |
| **Qualifications** | * Undergraduate degree or evidence of previous successful study at Regulated Qualifications Framework Level 5 |  |
| **Experience** | * previous mental health work experience within a paid or volunteer role * Evidence of ability to study successfully at undergraduate year 1 level or the equivalent. | * Previous mental health experience |
| **Skills/knowledge** | * IT literate – intermediate level minimum * Flexible and able to provide out of hours clinics as required by service needs * knowledge of risk assessments and personal safety planning * Willingness to travel | * Training in nursing, social work, occupational therapy, art therapy or within a psychological therapy, psychology or other health related undergraduate / post graduate degree. |
| **Specialist training** |  |  |
| **Personal competencies and qualities** | * Excellent verbal and written communication skills * High level of enthusiasm and motivation * Ability to work under pressure * An awareness of and commitment to supporting and facilitating diversity and inclusion * Excellent time management skills * Ability to manage self care alongside balancing the demands of academic and service requirements |  |

# Version Control

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| Owner: | Human Resources | Review: | Annually | Classification: | 1 (Proprietary) |
| Author: | Human Resources | Version: | V1.1 | Status: | PUBLISHED |
| Date Published: | 03/12/2019 | Code: | TBC |  |  |

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| Version: | Date: | Summary of Changes |
| V1.1 | 03.12.19 | Document copied onto authorised VHG branded Policy Template (original had no coding) |
| V1.2 | 06/08/20 | Updated to include diversity and inclusion statement |
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