Trainee Psychological Wellbeing Practitioner

## Job details

|  |  |
| --- | --- |
| Job title: | Trainee Psychological Wellbeing Practitioner |
| Department: | VitaMinds Talking Therapies Service and Everyturn |
| Location: | Nottingham |
| Reporting to:  (job title only) | Senior PWP |
| Direct reports:  (job title only) | None |
| Accountable to:  (where applicable) | Service manager, Clinical Lead, Senior PWP. |
| Responsible to:  (where applicable) | Service manager, Clinical Lead, Senior PWP |
| Job purpose: | We have several opportunities to recruit enthusiastic and committed Trainee Psychological Wellbeing Practitioners (Trainee PWPs) to join our Nottingham Talking Therapies Service with Vita Health Group and Everyturn. |
| Role and Responsibilities: | In this role, you will provide Low Intensity interventions whilst undertaking the PG Certificate delivered by the University of Lincoln which commences March 2025.  This training post will equip you to provide Step 2 Guided Self-Help Low Intensity Interventions to clients with a range of common mental health problems such as anxiety and depression in primary care, for which CBT interventions are demonstrated to be clinically effective.  You will be joining a motivated workforce and will be supported in the completion of both your academic study and the clinical delivery by skilled and experienced supervisors. |
| Clinical Governance:  (where applicable) |  |
| Training and supervision: | Provided by the University of Lincoln and work place. |
| Additional information: | Some travel including occasional overnight stays may be required, so a full clean driving licence is desired.  **Equality Diversity & Inclusion (EDI)**  We are proud to be an equal opportunities employer and are fully committed to EDI best practice in all we do.  Vita Health Group has several initiatives in place to achieve this including our Zero Tolerance Policy, Code of Conduct, Freedom to Speak Up Guardians, and more. We believe it is the responsibility of everyone to ensure their actions support this goal with all internal and external stakeholders.     * Be aware of the impact of your behaviour on others. * Ensure that others are treated with fairness, dignity, and respect. * Maintain and develop your knowledge about what EDI is and why it is important. * Be prepared to challenge bias, discrimination, and prejudice when possible, and raise with your manager, the EDI & Sustainability team, or the Freedom to Speak Up Guardians. * Encourage and support others to feel confident in speaking up if they have been subjected to or witnessed bias, discrimination, or prejudice. * Be prepared to speak up for others if you witness bias, discrimination, or prejudice. |

## Person specification

|  |  |  |
| --- | --- | --- |
|  | **Essential** | **Desirable** |
| **Qualifications** | **Undergraduate Practice Certificate:**   * At least three GCSEs at grade 4 (C) or above, which must include English and Maths or Statistics. * Minimum of 1 passed A level study required or equivalent Level 3 qualifications may also be considered. * Ability to perform at academic Level 6   **Postgraduate Certificate:**   * Good degree (2:2 or above although candidates with a 3rd may be considered for the UG route) | * Health related degree |
| **Experience** | * Evidence of at least one years’ experience of working with people who have suffered with a mental health problem | * Previous mental health experience |
| **Skills/knowledge** | * IT literate – intermediate level minimum * Flexible and able to provide out of hours clinics as required by service needs * Willingness to travel | * Training in nursing, social work, occupational therapy, art therapy or within a psychological therapy, psychology or other health related undergraduate / post graduate degree. * Speaks another language |
| **Specialist training** |  |  |
| **Personal competencies and qualities** | * Excellent verbal and written communication skills * High level of enthusiasm and motivation * Ability to work under pressure * An awareness of and commitment to supporting and facilitating diversity and inclusion * Excellent time management skills |  |

# Version Control

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Owner: | Human Resources | Review: | Annually | Classification: | 1 (Proprietary) |
| Author: | Human Resources | Version: | V1.1 | Status: | PUBLISHED |
| Date Published: | 03/12/2019 | Code: | TBC |  |  |

|  |  |  |
| --- | --- | --- |
| Version: | Date: | Summary of Changes |
| V1.1 | 03.12.19 | Document copied onto authorised VHG branded Policy Template (original had no coding) |
| V1.2 | 06/08/20 | Updated to include diversity and inclusion statement |
|  |  |  |