First Contact Practitioner: Registered Mental Health Nurse (RMN) Prescriber Training Role

## Job details

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| Job title: | First Contact Practitioner: Registered Mental Health Nurse (RMN) |
| Department: | Basildon and Brentwood Primary Care Networks |
| Location: | Home-based & Practice-based |
| Reporting to:  (job title only) | Service Lead |
| Accountable to:  (where applicable) | Primary Care Clinical Lead |
| Job purpose: | * Working within a First Contact Practitioner (FCP) model of care, the successful candidate is responsible for conducting mental health triage assessments across different GP practices with a primary care network (PCN) via phone and face to face (when appropriate) to ensure service users receive the most appropriate care for their needs when they need it * As an integral member of the primary care team this role involves working autonomously as part of an multi-disciplinary team (MDT), attending MDT meetings and engaging in direct patient work * The role will involve assessment, risk management, treatment planning and sign-posting to patients who access their local GP practice with mental health difficulties * To develop the knowledge, skills and competencies required to prescribe mental health pharmacological treatments in primary care through successful completion of a recognised prescribing course |
| Role and Responsibilities: | * Manage a caseload of clients autonomously * To use assessment skills to conduct robust and effective triage assessments * To offer mental health advice and support to adults who present with a range of mental health difficulties * Provide medication management when qualified to do so * Refer and signpost service users to most appropriate service for their needs – mental health, physical health, social needs * Develop and foster relationships with NHS and non-NHS health and social care services * Use your therapeutic skills and training to provide health advice to patients on a range of issues which impact on mental wellbeing and psycho-social functioning * Consult with and provide mental health advice and guidance to health professionals across primary and secondary care to support service users treatment plans * Observe current health and safety working practices * Effectively use supervision to continually inform current practice * Keep up to date with continuous professional development (CPD) as outlined in the NMC code of practice * Adhere to code of conduct and standards of proficiency as outlined by the NMC * Conduct clinical audit, routine outcome monitoring and reporting to inform evidence-based practice and service development changes * To lead on and implement service delivery changes supported by the Clinical Lead where necessary * To work autonomously as part of a multi-disciplinary team * Maintain high standards of clinical record keeping * Adherence to clinical governance frame works set out by the Clinical Lead * Attending multi-disciplinary team meetings and representing VHG in external meetings when required * To work in collaboration with the Clinical Lead to ensure the service is effective, safe and accessible to service users   **Equality Diversity & Inclusion (EDI)**  We are proud to be an equal opportunities employer and are fully committed to EDI best practice in all we do. We believe it is the responsibility of everyone to ensure their actions support this with all internal and external stakeholders.   * Be aware of the impact of your behaviour on others * Ensure that others are treated with fairness, dignity and respect * Maintain and develop your knowledge about what EDI is and why it is important * Be prepared to challenge bias, discrimination and prejudice if possible to do so and raise with your manager and EDI team * Encourage and support others to feel confident in speaking up if they have been subjected to or witnessed bias, discrimination or prejudice * Be prepared to speak up for others if you witness bias, discrimination or prejudice   Any other reasonable request as required |
| Additional information: | When the situation allows, travel including will be required, so a full clean driving licence is desirable  VHG have highly successful services and value our clinicians who are offered regular clinical skills and case management supervision to achieve the best results possible for our clients |

## Person specification

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|  | **Essential** | **Desirable** |
| **Qualifications** | * Qualified Registered Mental Health Nurse (RMN) with at least 12 months experience * NMC registered * Completed an Advance Clinical Assessment Skills course (or equivalent – 30 credit module at level 6 or 7 | * Psychology or other health related postgraduate degree * Trained in an applied psychological therapy approaches – CBT, DBT, Motivational Interviewing |
| **Experience** | * Evidence of working with people across the life span who have experienced a range of mental health and physical health difficulties * A working knowledge of anatomy and physiology * A basic understanding of psychiatric medications * Knowledge and understanding of how physical health and social determinants interact and influence mental health and behaviour * Demonstrates robust risk assessment and management processes * Demonstrates high standards in written communication * Worked in a service where agreed targets in place demonstrating clinical outcomes * Ability to manage own caseload, time and diary management | * Evidence of working in the local community * Experience of working within a primary care setting * Experience of using patient record systems |
| **Skills/knowledge** | * IT literate – intermediate level minimum – ability to use multiple patient-recording systems * Able to demonstrate clinical outcomes and meeting agreed performance targets * Demonstrates high standards in written communication. * Able to write clear reports and letters |  |
| **Personal competencies and qualities** | * Double vaccinated (at least) with the Covid-19 vaccine * Excellent verbal and written communication skills * Ability and willingness to travel in and around the Basildon and Brentwood area to conduct routine clinical practice (when the situation allows) * High level of enthusiasm and motivation * Ability to work individually or within a team and foster good working relationships * Ability to work under pressure * Excellent time management skills * Willingness to travel to locations throughout the organisation as required | * Car driver |

# Version Control

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| Author: | Human Resources | Version: | V1.1 | Status: | PUBLISHED |
| Date Published: | 03/12/2019 | Code: | TBC |  |  |

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| Version: | Date: | Summary of Changes |
| V1.1 | 03.12.19 | Document copied onto authorised VHG branded Policy Template (original had no coding) |
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