NHS MSK Rehabilitation Therapist

## Job details

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| Job title: | NHS MSK Rehabilitation Therapist |
| Department: | NHS MSK |
| Location: | Southeast London - Bromley |
| Reporting to:  (job title only) | NHS MSK Team Leader |
| Direct reports:  (job title only) | N/A |
| Accountable to:  (where applicable) | N/A |
| Responsible to:  (where applicable) | N/A |
| Job purpose: | To deliver excellent remote and face to face sessions in both individual and group settings. Using evidence-based practice to help service users achieve their goals through exercise therapy. Practising in line with BASRaT regulation and following Vita Health Group’s local processes. |
| Role and Responsibilities: | * Carrying out remote and face to face interventions * Deliver high quality, evidence-based interventions that takes wider determinants of health and well-being into account * Meet clinical and service based KPIs * Ability to manage complex cases and escalate to the MCATS team appropriately * Notes keeping in line with BASRaT and local guidance * Moderate IT literacy required |
| Clinical Governance:  (where applicable) | To ensure all treatment and documentation is in line with BASRaT and local standards. Practice in line with relevant internal policies (e.g. serious diagnosis policy and incident reporting). |
| Training and supervision: | Established training and supervision programme encompassing 1:1, group, and self-directed training. |
| Additional information: | The role will involve both face to face and remote work so ability to work on site in South London is essential. |

## Person specification

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|  | **Essential** | **Desirable** |
| **Qualifications** | * + Degree qualification in Sports Rehabilitation   + Full graduate member of BASRaT and entitled to use the ‘Graduate Sports Rehabilitator’ title |  |
| **Experience** |  | * + Previous experience seeing NHS Service Users |
| **Skills/knowledge** | * IT literate – intermediate level minimum |  |
| **Specialist training** |  | * + CPD that includes psychologically informed intervention such as Health Coaching |
| **Personal competencies and qualities** | * Excellent verbal and written communication skills * High level of enthusiasm and motivation * Ability to work individually or within a team and foster good working relationships * Ability to work under pressure * Excellent time management skills |  |

# Version Control

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| Owner: | Human Resources | Review: | Annually | Classification: | 1 (Proprietary) |
| Author: | Human Resources | Version: | V1.1 | Status: | PUBLISHED |
| Date Published: | 03/12/2019 | Code: | TBC |  |  |

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| Version: | Date: | Summary of Changes |
| V1.1 | 03.12.19 | Document copied onto authorised VHG branded Policy Template (original had no coding) |
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