NHS MSK Rehabilitation Therapist

## Job details

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| Job title: | NHS MSK Rehabilitation Therapist  |
| Department: | NHS MSK |
| Location: | Southeast London - Bromley |
| Reporting to: (job title only) | NHS MSK Team Leader  |
| Direct reports: (job title only) | N/A |
| Accountable to: (where applicable) | N/A |
| Responsible to:(where applicable) | N/A |
| Job purpose: | To deliver excellent remote and face to face sessions in both individual and group settings. Using evidence-based practice to help service users achieve their goals through exercise therapy. Practising in line with BASRaT regulation and following Vita Health Group’s local processes.  |
| Role and Responsibilities: | * Carrying out remote and face to face interventions
* Deliver high quality, evidence-based interventions that takes wider determinants of health and well-being into account
* Meet clinical and service based KPIs
* Ability to manage complex cases and escalate to the MCATS team appropriately
* Notes keeping in line with BASRaT and local guidance
* Moderate IT literacy required
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| Clinical Governance:(where applicable) | To ensure all treatment and documentation is in line with BASRaT and local standards. Practice in line with relevant internal policies (e.g. serious diagnosis policy and incident reporting).  |
| Training and supervision: | Established training and supervision programme encompassing 1:1, group, and self-directed training.  |
| Additional information: | The role will involve both face to face and remote work so ability to work on site in South London is essential.  |

## Person specification

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|  | **Essential** | **Desirable** |
| **Qualifications** | * + Degree qualification in Sports Rehabilitation
	+ Full graduate member of BASRaT and entitled to use the ‘Graduate Sports Rehabilitator’ title
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| **Experience** |  | * + Previous experience seeing NHS Service Users
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| **Skills/knowledge** | * IT literate – intermediate level minimum
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| **Specialist training** |  | * + CPD that includes psychologically informed intervention such as Health Coaching
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| **Personal competencies and qualities** | * Excellent verbal and written communication skills
* High level of enthusiasm and motivation
* Ability to work individually or within a team and foster good working relationships
* Ability to work under pressure
* Excellent time management skills
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# Version Control

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| Owner: | Human Resources | Review: | Annually | Classification: | 1 (Proprietary) |
| Author: | Human Resources | Version: | V1.1 | Status: | PUBLISHED |
| Date Published: | 03/12/2019 | Code: | TBC |  |  |

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| Version: | Date: | Summary of Changes |
| V1.1 | 03.12.19 | Document copied onto authorised VHG branded Policy Template (original had no coding) |
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