

Thank you for considering our Trainee Psychological Wellbeing Practitioner recruitment programme.

We have included below some further information on the process which you may find useful.

 **Our Service Areas and Universities**

Our service areas are in the following locations:

* Kent and Medway
* West Essex
* Basildon and Brentwood
* Derby
* Bristol, North Somerset, South Gloucestershire
* Newcastle upon Tyne
* Leicester, Leicestershire and Rutland
* Calderdale
* Nottinghamshire

**The Recruitment Process**

We recruit for Trainee PWPs twice per year and adverts usually go out May/June time for Autumn cohorts and November/December time for Spring cohorts. We advertise directly on our website, Indeed and also on NHS jobs. Because of the extremely high application rate the advert is only open for a short time when we advertise for Trainee PWPs so we encourage you to get your application in quickly. Adverts are sometimes closed early due to the number of applications we receive.

The recruitment process for this trainee role will include an interview with panel representatives from Vita Health Group and if successful at this stage, there will be a further interview with the University of Exeter. The interview will involve a presentation, role play activity and a series of questions. It will be conducted remotely using Microsoft Teams.

If you are successful at interview you will then begin our onboarding process which involves a DBS (Disclosure and Barring Service) check, right to work in the UK check, references, proof of qualifications, and an internet broadband speed check. After successfully onboarding, we will provide you with all the equipment you need for your new role.

**The University of Exeter (taken from their website)**

The University of Exeter (<https://www.exeter.ac.uk/>) combines world-class research with excellent student satisfaction, from campuses in the South West of England, in Exeter and Cornwall. They are one of the very few universities to be both a member of [the Russell Group](https://www.exeter.ac.uk/about/facts/russellgroup/) and have a Gold award from the Teaching Excellence Framework (TEF), evidence of their established international reputation for excellence in both teaching and research. Their success is built on a strong partnership with our students and a clear focus on high performance.

**PGCert/GradCert Psychological Therapies Practice (Low Intensity Cognitive Behavioural Therapy)**

This programme will provide you with an outstanding opportunity to develop the competencies and knowledge associated with practice as a Psychological Wellbeing Practitioner.

The programme aims to:

* Provide you with a thorough grounding in the Department of Health curriculum for Psychological Wellbeing Practitioners working within the Improving Access to Psychological Therapies Programme.
* Develop your understanding and clinical competency in the low intensity CBT clinical method and enable you to adapt your practice to work effectively with patients with diverse needs.
* Provide you with the foundations to establish a commitment to continuing professional development and becoming an evidence-based practitioner.
* Provide you with a high quality and stimulating learning experience in a supportive environment that is enriched by an internationally-recognised research environment, nationally-recognised innovative clinical teaching approaches and current clinical practice.

For further course information visit the website at: <https://www.exeter.ac.uk/study/postgraduate/courses/psychology/pgcptp_licbt/>

Please note the course link is from the 2024 course but the course content remains the same.

**How to become a Psychological Wellbeing Practitioner?**

Should you have any specific questions about how to become a PWP you can have a look at the BPS and NHS websites here:

<https://www.bps.org.uk/psychological-wellbeing-practitioner-job-profile>

<https://www.healthcareers.nhs.uk/explore-roles/psychological-therapies/roles/psychological-wellbeing-practitioner>

<https://www.ppn.nhs.uk/resources/careers-map/career/psychological-wellbeing-practitioner>

There is also a video here which gives further information about becoming a PWP and working at Vita Health Group

<https://healthcareers.live/national-health-careers-conference-2022-ahp-live-stage/>

**We hope this is helpful – if there is anything else you need just let us know!**