

Hi!

Thank you for considering our Trainee Psychological Wellbeing Practitioner recruitment programme in Leicester, Leicestershire and Rutland (LLR).

If you are a highly organised and motivated individual with a commitment to the NHS and patient care then we would welcome your application to study for the professional role of Psychological Wellbeing Practitioner. Successful candidates will be trained to deliver Low Intensity Psychological Interventions, which are the cornerstone of NHS Talking Therapies Services (formally known as IAPT).

**Leicester, Leicestershire and Rutland Talking Therapies**

A free and confidential NHS service designed to support the residents of Leicestershire tackle common mental health problems such as stress, anxiety and depression.

In partnership with the NHS, Vita Health Group provide Talking Therapies services to adults 16-years and over, who live and are registered with a GP in Leicester, Leicestershire and Rutland.

Our website <https://www.vitahealthgroup.co.uk/nhs-services/nhs-mental-health/leicester-leicestershire-rutland/> outlines the services we offer.

Full time training to become a PWP will involve spending 3 days per week in our LLR service. This will be 2 days remote working and 1 day based in our clinics in LLR. University teaching will be face to face for 1 day per week and you will have 1 day as a study day to work from home.

**The Course:**

This professional training programme leads to a qualification in the use of Low Intensity Psychological Interventions. Once trained, the Psychological Wellbeing Practitioner workforce provides patients with short term evidence-based treatments to enable them to manage their psychological wellbeing.

The programme consists of 3 modules:

* Module 1 – Engagement and Assessment of People with Common Mental Health Problems
* Module 2 - Evidence-based Low Intensity Treatments for Common Mental Health Problems
* Module 3 - Values, Diversity and Context

Alongside the modules and training year, you will collect evidence for a clinical practice portfolio, such as logs of clinical hours undertaken in service, reflections on Clinical Practice Outcomes (CPOs) and Directed and Practice Based Learning records.

Assessments consist of a variety of activities in which student-trainees demonstrate fundamental acquisition of required knowledge and clinical competencies; these include but are not limited to role play with actors, review of journal articles, written examinations, clinical case planning presentations, case reports and written reflections.

For further course information visit the website here: <https://www.dmu.ac.uk/study/courses/postgraduate-courses/low-intensity-psychological-interventions/low-intensity-psychological-interventions-graduate-and-pg-cert.aspx>

**The Recruitment Process**

At Vita Health Group, we can recruit for Trainee PWPs twice per year and adverts usually go out May/June time for Autumn cohorts and October/November time for Spring cohorts.

The recruitment process for this trainee role will consist of the following:

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| --- | --- |
| By Friday 22nd November | Shortlisting completed |
| 3rd, 5th, 10th, 12th December | Interviewing takes place |

If you are successful at interview you will begin our onboarding process which involves a DBS (Disclosure and Barring Service) check, right to work in the UK check, references, proof of qualifications, and an internet broadband speed check. After successfully onboarding, we will provide you with all the essential equipment you need for your new role.

**How to become a Psychological Wellbeing Practitioner?**

Should you have any specific questions about how to become a PWP you can have a look at the BPS and NHS websites here:

<https://www.bps.org.uk/psychological-wellbeing-practitioner-job-profile>

<https://www.healthcareers.nhs.uk/explore-roles/psychological-therapies/roles/psychological-wellbeing-practitioner>

<https://www.ppn.nhs.uk/resources/careers-map/career/psychological-wellbeing-practitioner>

**We hope this is helpful – if there is anything else you need just let us know!**