

Hi!

Thank you for considering our Trainee Psychological Wellbeing Practitioner recruitment programme in Newcastle with Vita Health Group.

If you are a highly organised and motivated individual with a commitment to the NHS and patient care, then we would welcome your application to study for the professional role of Psychological Wellbeing Practitioner. Successful candidates will be trained to deliver Low Intensity Psychological Interventions, which are the cornerstone of NHS Talking Therapies Services (formally known as IAPT).

**Newcastle Talking Therapies**

We offer a range of short-term talking therapies to adults 16-years and over, who live and are registered with a GP in Newcastle.

Training to become a Psychological Wellbeing Practitioner will involve spending 3 days per week in our Newcastle service area. This will be a combination of remote working and face to face patient time based in our clinics in Newcastle. University teaching will involve spending 2 days per week face to face teaching at Newcastle University.

**The Recruitment Process**

We recruit for Trainee PWPs twice per year and adverts usually go out May/June time for Autumn cohorts and November/December time for Spring cohorts. We advertise directly on our website, Indeed and also on NHS jobs. Because of the extremely high application rate the advert is only open for a short time when we advertise for Trainee PWPs so we encourage you to get your application in quickly. Adverts are sometimes closed early due to the number of applications we receive.

The process will be an interview with panel representatives from Vita Health Group. The interview will involve a role play activity and a series of questions.It will be conducted remotely using Microsoft Teams.

If you are successful at interview you will then begin our onboarding process which involves a DBS (Disclosure and Barring Service) check, right to work in the UK check, references, proof of qualifications, and an internet broadband speed check. After successfully onboarding, we will provide you with all the equipment you need for your new role.

**Newcastle University (taken from their website)**

Our 50-acre campus in Newcastle city centre is the hub for our teaching, research and collaboration. It includes facilities for research innovation, teaching and learning, and engagement.

Students benefit from facilities such as our award-winning [library service](https://www.ncl.ac.uk/library/) and [Centre for Physical Recreation and Sport](https://www.ncl.ac.uk/sport/).

We aim to be a**sustainable campus**, promoting initiatives to encourage our students and staff to adopt a sustainable lifestyle.

Our environmental commitments have been rewarded with a First Class award from the [People and Planet University League](https://peopleandplanet.org/university-league).

For further information visit <https://www.ncl.ac.uk/>

**Low Intensity Psychological Therapies PGCert**

This course is part of the Increasing Access to Psychological Therapies (IAPT) programme which trains Psychological Wellbeing Practitioners (PWPs) for NHS employment.

The Department of Health's IAPT programme is an innovative approach to mental health. You'll train to become a practitioner who helps those experiencing depression and anxiety. You'll do this through the use of evidence-based psychological therapies.

Low-intensity treatments use brief, cognitive behavioural therapy approaches. Practitioners offer a therapeutic intervention to help patients with their mental health. They may also engage with other services that will help them in their recovery.

For further course information visit <https://www.ncl.ac.uk/postgraduate/degrees/3070f/>

**How to become a Psychological Wellbeing Practitioner?**

Should you have any specific questions about how to become a PWP you can have a look at the BPS and NHS websites here:

<https://www.bps.org.uk/psychological-wellbeing-practitioner-job-profile>

<https://www.healthcareers.nhs.uk/explore-roles/psychological-therapies/roles/psychological-wellbeing-practitioner>

**We hope this is helpful – if there is anything else you need just let us know!**