Assistant Psychological Wellbeing Practitioner

## Job details

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| Job title: | Assistant Psychological Wellbeing Practitioner |
| Department: | Corporate Psychological Therapy Service |
| Location: | Remote |
| Reporting & accountable to:  (job title only) | Senior Psychological Wellbeing Practitioner |
| Job purpose: | Work under supervision in our Mental Health service specifically talking / psychological therapies to support the Governance of the service via:   * Undertake the role of Case manager for all cases out to Network * KPI collection and review * Quality Assurance via case management and report checks |
| Role and Responsibilities: | Any other reasonable request as required |
| Clinical Governance:  (where applicable) | * Case management arrangements under supervision of clients who are receiving therapy from our associate network. * Offer telephone assessments and wellbeing support sessions * Undertake patient-centred assessments using IAPT standardised measures on the telephone which identify the areas where the person wishes to see change or recovery. Make assessment of risk to self and others. * Complete all requirements relating to data collection and recording clinical activity in line with protocols. * Assess and integrate issues surrounding work and employment into the overall therapy process. * Support the senior therapists and clinical team manager in collating and interrogating clinical KPI’s * Ensure that client confidentiality is protected at all times. * Be aware of, and keep up to date with advances in the treatment for common mental health problems. * Attend and actively participate in clinical supervision and line management on a regular basis as agreed and attend the Clinical Skills Group. * Participate in individual performance review and respond to agreed objectives. |
| Training and supervision: | * To attend, engage and commit to all training and supervision support provide to carry out the role in a safe and competent way |
| Additional information: | * Some travel including occasional overnight stays may be required, so a full clean driving licence is desired. Continued commitment and development if an individual in this role will facilitate the opportunity to undertake PWP training within at a time agreed within individual development plans |

## Person specification

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|  | **Essential** | **Desirable** |
| **Qualifications** | Graduate degree In Psychology achieving 2:1 minimum |  |
| **Experience** | Experience of working effectively with people with mental health problems, specifically anxiety and depression.  Ability to undertake client assessments (including risk assessments) and gather information about the duration and impact of illness and motivational levels.  Ability to develop good therapeutic relationships with patients.  Experience of joint work and multi-agency and partnership working | Experience of joint work and multi-agency and partnership working |
| **Skills/knowledge** | IT literate – intermediate level minimum |  |
| **Specialist training** |  | An understanding of the Improving Access to Psychological Therapies Programme (IAPT) and the concept of stepped care and the ability to contribute to the development of best practice.  Additional IAPT CPD workshop training |
| **Personal competencies and qualities** | Excellent verbal and written communication skills  High level of enthusiasm and motivation  Ability to work individually or within a team and foster good working relationships  An awareness of and commitment to supporting and facilitating diversity and inclusion  Ability to work under pressure  Excellent time management skills  The ability to be empathic with all clients and provides emotional support  Excellent verbal and written communication skills |  |

## Version Control

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| Owner: | Human Resources | Review: | Annually | Classification: | 1 (Proprietary) |
| Author: | Human Resources | Version: | V1.1 | Status: | PUBLISHED |
| Date Published: | 03/12/2019 | Code: | TBC |  |  |

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| Version: | Date: | Summary of Changes |
| V1.1 | 03.12.19 | Document copied onto authorised VHG branded Policy Template (original had no coding) |
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