Psychotherapist

## Job details

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| Job title: | Psychotherapist |
| Department: | Corporate |
| Location: | Network: Face to Face and Remote clinic |
| Reporting to:  (job title only) | N/A |
| Direct reports:  (job title only) | N/A |
| Accountable to:  (where applicable) | N/A |
| Responsible to:  (where applicable) | N/A |
| Job purpose: | To provide assessments for and psychotherapy to VHG clients via our clinical network |
| Role and Responsibilities: | * + Assessment of patients for individual psychotherapy   + Using a range of theoretical models and a clinical formulation to make recommendations for a treatment plan, including brief interventions and long-term work.   + Risk management, risk assessment and MDT working where required   + Providing remote sessions via video/phone   + Face to face sessions highly desirable   + Evidenced regular supervision   **Equality Diversity & Inclusion (EDI)**  We are proud to be an equal opportunities employer and are fully committed to EDI best practice in all we do. We believe it is the responsibility of everyone to ensure their actions support this with all internal and external stakeholders.   * + Be aware of the impact of your behaviour on others   + Ensure that others are treated with fairness, dignity and respect   + Maintain and develop your knowledge about what EDI is and why it is important   + Be prepared to challenge bias, discrimination and prejudice if possible to do so and raise with your manager and EDI team   + Encourage and support others to feel confident in speaking up if they have been subjected to or witnessed bias, discrimination or prejudice   + Be prepared to speak up for others if you witness bias, discrimination or prejudice |
| Clinical Governance:  (where applicable) |  |
| Training and supervision: | Evidence to be provided |
| Additional information: | N/A |

## Person specification

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|  | **Essential** | **Desirable** |
| **Qualifications** | * + Appropriate level of UKCP, BACP, COSCA registration/accreditation. | * + Further training in another modality or type of psychotherapy, e.g. MBT or relevant model   + Additional relevant accreditation   + Recognised qualification in one of the core mental health professionals (e.g. nursing, psychology, occupational therapy, social work) or extensive clinical experiences at post-qualification level |
| **Experience** | * + Experience of assessing patients for individual psychotherapy, taking account of a range of theoretical models and the ability to develop a clinical formulation and make recommendations for a treatment plan, including brief interventions and long-term work. |  |
| **Skills/knowledge** | * + IT literate – intermediate level minimum |  |
| **Specialist training** |  | * + Evidence of further evidence-based training (EMDR , MBT, etc) |
| **Personal competencies and qualities** | * + Endorsing VHG and our customers ethos, customer focus and professionalism   + Ability to work independently as well as part of wider VHG team   + Excellent verbal and written communication skills   + Effective management of invoicing to ensure timely payment | * + Face to face clinic availability highly desirable |

# Version Control

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| Owner: | Human Resources | Review: | Annually | Classification: | 1 (Proprietary) |
| Author: | Human Resources | Version: | V1.1 | Status: | PUBLISHED |
| Date Published: | 03/12/2019 | Code: | TBC |  |  |

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| Version: | Date: | Summary of Changes |
| V1.1 | 03.12.19 | Document copied onto authorised VHG branded Policy Template (original had no coding) |
| V1.2 | 06/08/20 | Updated to include diversity and inclusion statement |
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