Trainee Psychological Wellbeing Practitioner (PWP)

## Job details

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| Job title: | Trainee PWP |
| Department: | VitaMinds Basildon and Brentwood |
| Location: | Basildon and Brentwood |
| Reporting to:  (job title only) | Senior Step 2 Practitioner |
| Accountable to:  (where applicable) | Step 2 Lead and Training Manager |
| Responsible to:  (where applicable) | Step 2 Lead and Training Manager |
| Job purpose: | We have the opportunity to recruit three enthusiastic and committed Trainee Psychological Wellbeing Practitioners (Trainee PWPs) to join our Basildon and Brentwood Improving Access to Psychological Therapies (IAPT) Service. |
| Role and Responsibilities: | In this role, you will provide Low Intensity interventions whilst undertaking the UG/PG Certificate delivered by the University of East Anglia which commences in September 2022. You will be required to attend teaching and placement days as part of the training.  This training post will equip you to provide Step 2 Guided Self-Help Low Intensity Interventions to clients with a range of common mental health problems such as anxiety and depression in primary care, for which CBT interventions are demonstrated to be clinically effective.  You will be joining a motivated workforce and will be supported in the completion of both your academic study and the clinical delivery by skilled and experienced supervisors.  On successful completion of your training you will transition into the role of a qualified PWP.  **Equality Diversity & Inclusion (EDI)**  We are proud to be an equal opportunities employer and are fully committed to EDI best practice in all we do. We believe it is the responsibility of everyone to ensure their actions support this with all internal and external stakeholders.   * Be aware of the impact of your behaviour on others * Ensure that others are treated with fairness, dignity and respect * Maintain and develop your knowledge about what EDI is and why it is important * Be prepared to challenge bias, discrimination and prejudice if possible to do so and raise with your manager and EDI team * Encourage and support others to feel confident in speaking up if they have been subjected to or witnessed bias, discrimination or prejudice * Be prepared to speak up for others if you witness bias, discrimination or prejudice |
| Training and supervision: | Provided by the University of East Anglia and workplace, respectively. |
| Additional information: | As restrictions ease some travel including occasional overnight stays may be required, so a full clean driving licence is desired.  During the week you will be required to attend structured teaching days facilitated by the University teaching staff and will be on placement within the Vita Minds Service on the other days. |

## Person specification

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|  | **Essential** | **Desirable** |
| **Qualifications** | * Ability to study successfully at undergraduate year 1 level or the equivalent. | * Training in nursing, social work, occupational therapy, counselling or within a psychological therapy. * Psychology or other health related undergraduate degree * Psychology or other health related undergraduate degree. |
| **Experience** | * Evidence of working with people who have suffered with a mental health problem * Evidence of ability to study successfully at undergraduate year 1 level or the equivalent. | * Previous mental health experience |
| **Skills/knowledge** | * IT literate – intermediate level minimum * Flexible and able to provide out of hours clinics as required by service needs * Willingness to travel | * Training in nursing, social work, occupational therapy, art therapy or within a psychological therapy, psychology or other health related undergraduate / post graduate degree. |
| **Specialist training** |  |  |
| **Personal competencies and qualities** | * Excellent verbal and written communication skills * High level of enthusiasm and motivation * Ability to work individually or within a team and foster good working relationships * Ability to work under pressure * Excellent time management skills |  |

## Version Control

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| Owner: | Human Resources | Review: | Annually | Classification: | 1 (Proprietary) |
| Author: | Human Resources | Version: | V1.1 | Status: | PUBLISHED |
| Date Published: | 03/12/2019 | Code: | TBC |  |  |

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| Version: | Date: | Summary of Changes |
| V1.1 | 03.12.19 | Document copied onto authorised VHG branded Policy Template (original had no coding) |
| v.1.2 | 02.07.20 | Information added in regarding covid-19 |
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