Rehabilitation Therapist (BASRaT)

## Job details

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| Job title: | Rehabilitation Therapist |
| Department: | Corporate MSK |
| Location: | Remote |
| Reporting to: (job title only) | MSK Corporate Team Manager |
| Direct reports: (job title only) | N/A |
| Accountable to: (where applicable) | MSK Corporate Team Manager |
| Responsible to:(where applicable) | MSK Corporate Team Manager |
| Job purpose: | Rehabilitation Therapists work across Corporate and Preventative Services dealing with musculoskeletal injuries within FRP, delivering manual handling, lifestyle courses/webinars, workstation assessments and virtual treatment. This role will primarily involve the remote delivery of our virtual treatment pathway for a diverse range of pathologies.  |
| Role and Responsibilities: | * + Independently deliver virtual rehabilitation assessment and treatment
	+ Maintain a friendly and supportive environment for the patients, communicating with them and motivating them by being positive about their capabilities and work requirements
	+ Maintain accurate records of assessment and management in line with BASRaT, CSP and VHG core standards of practice
	+ Keep up to date with evidence-based practice/guidelines and assist in the development of the programme in line with available evidence. Write initial and follow-up assessment reports to VHG standards
	+ Schedule rehabilitation sessions with the patients to meet their requirements
	+ Handle enquiries from referrers and clients as a clinical point of contact for all patients in their care
	+ Liaise with other medical professionals in the team and involved in the management of the case
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| Clinical Governance:(where applicable) | Ensuring maintenance of standards, quality, transparency and accountability in line with BASRaT professional guidelines |
| Training and supervision: | Maintain continual professional development and membership of BASRaT |
| Additional information: | Some travel including occasional overnight stays may be required, so a full clean driving licence is desired as well as full time access to a vehicle |

## Person specification

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|  | **Essential** | **Desirable** |
| **Qualifications** | * + Member of British Association of Sports Rehabilitators and Trainers (BASRaT)
	+ Degree in Sports Rehabilitation
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| **Experience** | * + Experience of working independently with patients within a clinical setting
 | * + Previous experience working within an occupational health setting
	+ Experience of delivering virtual rehabilitation treatment
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| **Skills/knowledge** | * IT literate – intermediate level minimum
	+ Able to work flexibly in accordance with business demands
	+ Able to develop good therapeutic relationships with clients
	+ Ability to meet agreed/specified service targets and Key Performance Indicators
	+ Ability to manage own caseload and time
 | * + Experience of public speaking
	+ Understanding DSE and ergonomic assessments
	+ Previous experience of delivering virtual or face-to-face classes
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| **Specialist training** |  | * + Manual Handling Training
	+ Patient Handling and Moving Training
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| **Personal competencies and qualities** | * + Confident to challenge current processes and suggest developments
	+ Excellent verbal and written communication skills
	+ High level of enthusiasm and motivation
	+ Ability to work individually or within a team and foster good working relationships
	+ Ability to work under pressure
* Excellent time management skills
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# Version Control

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| Owner: | Human Resources | Review: | Annually | Classification: | 1 (Proprietary) |
| Author: | Human Resources | Version: | V1.1 | Status: | PUBLISHED |
| Date Published: | 03/12/2019 | Code: | TBC |  |  |

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| Version: | Date: | Summary of Changes |
| V1.1 | 03.12.19 | Document copied onto authorised VHG branded Policy Template (original had no coding) |
| V1.2 | 06/08/20 | Updated to include diversity and inclusion statement |
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