

Hi!

Thank you for considering our Trainee Psychological Wellbeing Practitioner recruitment programme.

We have included below some further information on the process which you may find useful.

**Our Service Areas and Universities**

Our service areas are in the following locations:

* Kent and Medway
* West Essex
* Basildon and Brentwood
* Derby
* Bristol, North Somerset, South Gloucestershire
* Newcastle upon Tyne
* Leicester, Leicestershire and Rutland
* Calderdale
* Nottinghamshire

University Courses are typically for one-year full-time with one teaching day per week at the University, one study day per week and three days per week in service. This can be a mixture of remote and face-to-face working so you must be able to attend both the University and service area.

**The Recruitment Process**

We recruit for Trainee PWPs twice per year and adverts usually go out May/June time for Autumn cohorts and October/November time for Spring cohorts. We advertise directly on our website, Indeed and also on NHS jobs. Because of the extremely high application rate the advert is only open for a short time when we advertise for Trainee PWPs so we encourage you to get your application in quickly. Adverts are sometimes closed early due to the number of applications we receive.

The recruitment process for this trainee role will involve a representative from the University. The process will be an interview with panel representatives from both Vita Health Group (Newcastle Talking Therapies) and the University. The interview will involve a role play activity and a series of questions. We will send you the roleplay scenario beforehand.The interview will be conducted remotely using Microsoft Teams and you should expect to receive the invite for this in the days before (please check your junk folder in case it ends up there).

If you are successful at interview you will then begin our onboarding process which involves a DBS (Disclosure and Barring Service) check, right to work in the UK check, references, proof of qualifications, and an internet broadband speed check. You will also be asked to apply for the course directly with the University. After successfully onboarding, we will provide you with all the essential equipment you need for your new role.

**Teesside University**

Teesside University generates and applies knowledge that contributes to the economic, social and cultural success of students, partners and the communities we serve. Through education enriched by research, innovation, and engagement with business and the professions, we transform lives and economies. We’re committed to providing an outstanding student experience and a big part of this is our campus and facilities. We’ve invested £280 million in our friendly town campus in the heart of Middlesbrough.

For further information visit: <https://www.tees.ac.uk/>

**Low Intensity Assessment and Intervention Skills for Psychological Wellbeing Practice
PgCert**

This course is an essential part of the Department of Health’s strategy to improve access to psychological therapies, and strives to be synonymous with the 2015 National Curriculum for the Education of Psychological Wellbeing Practitioners. Successful completion of this course leads to qualification as a psychological wellbeing practitioner.

For further course information visit: [https://www.tees.ac.uk/postgraduate\_courses/nursing\_&\_health/pgcert\_low\_intensity\_assessment\_and\_intervention\_skills\_for\_psychological\_wellbeing\_practice.cfm](https://www.tees.ac.uk/postgraduate_courses/nursing_%26_health/pgcert_low_intensity_assessment_and_intervention_skills_for_psychological_wellbeing_practice.cfm)

**How to become a Psychological Wellbeing Practitioner?**

Should you have any specific questions about how to become a PWP you can have a look at the BPS and NHS websites here:

[https://www.england.nhs.uk/mental-health/adults/nhs-talking-therapies/workforce](https://www.england.nhs.uk/mental-health/adults/nhs-talking-therapies/workforce/)

<https://www.bps.org.uk/psychological-wellbeing-practitioner-job-profile>

<https://www.healthcareers.nhs.uk/explore-roles/psychological-therapies/roles/psychological-wellbeing-practitioner>

<https://www.ppn.nhs.uk/resources/careers-map/career/psychological-wellbeing-practitioner>

There is also a video here which gives further information about becoming a PWP and working at Vita Health Group

<https://healthcareers.live/national-health-careers-conference-2022-ahp-live-stage/>

**We hope this is helpful – if there is anything else you need just let us know!**