Trainee Psychological Wellbeing Practitioner

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| Job title: | Trainee Psychological Wellbeing Practitioner (PWP) |
| Department: | VitaMinds NHS Talking Therapies Service |
| Location: | Kent and Medway |
| Reporting to:  (job title only) | Step 2 Clinical Supervisor and Operational Team Manager |
| Direct reports:  (job title only) | None |
| Accountable to:  (where applicable) | Operational Lead, Clinical Lead, Step 2 Clinical Supervisor and Operational Team Manager |
| Responsible to:  (where applicable) | Operational Lead, Clinical Lead, Step 2 Clinical Supervisor and Operational Team Manager |
| Job purpose: | We have the opportunity to recruit a number of enthusiastic and committed Trainee Psychological Wellbeing Practitioners (Trainee PWPs) to join our expanding NHS Talking Therapies Service in Kent and Medway. |
| Role and Responsibilities: | **Equality Diversity & Inclusion (EDI)**  We are proud to be an equal opportunities employer and are fully committed to EDI best practice in all we do.  Vita Health Group has several initiatives in place to achieve this including our Zero Tolerance Policy, Code of Conduct, Freedom to Speak Up Guardians, and more. We believe it is the responsibility of everyone to ensure their actions support this goal with all internal and external stakeholders.   * Be aware of the impact of your behaviour on others. * Ensure that others are treated with fairness, dignity, and respect. * Maintain and develop your knowledge about what EDI is and why it is important. * Be prepared to challenge bias, discrimination, and prejudice when possible, and raise with your manager, the EDI & Sustainability team, or the Freedom to Speak Up Guardians. * Encourage and support others to feel confident in speaking up if they have been subjected to or witnessed bias, discrimination, or prejudice. * Be prepared to speak up for others if you witness bias, discrimination, or prejudice. |
| Clinical Governance:  (where applicable) |  |
| Training and supervision: | Provided by University of Exeter and the workplace. |
| Additional information: | * Online interviews will be held week commencing the 23rd of June and 30th June 2025. * Applicants must be available to commence the role on the 1st of September 2025 and to attend the first day of induction with University of Exeter on the 9th of September 2025. * The role is likely to include remote working but attendance at one of Kent and Medway offices will be required at least twice a week. * Our service operates Monday-Thursday 8am-8pm and Friday 8am-5pm. All trainees are expected to work one 12-8pm shift between Mondays and Thursday, once they start seeing clients. * Health Education England (HEE) funds training based on the completion of at least two years of qualified practice following any other NHS funded psychological professions training. Therefore, applicants will not be eligible for HEE funding for the Trainee PWP position if they have previously completed any other NHS funded psychological professions training starting from the 31st of March 2023. * Those that commence the training will also not be eligible for any further NHS funded psychological professions training (e.g. the Clinical Doctorate or HI CBT training) for 2 years post qualification. * Please find further information at: <https://www.hee.nhs.uk/our-work/mental-health/psychological-professions/funding-psychological-professions-training-programmes> |

## Person specification

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|  | **Essential** | **Desirable** |
| **Qualifications** | * Undergraduate degree or evidence of previous successful study at Regulated Qualifications Framework Level 5 |  |
| **Experience** | * One year’s working experience in settings with high exposure to people with mental health difficulties which can include voluntary work | * Experience of telephone working |
| **Skills/knowledge** | * IT literate – intermediate level minimum * Flexibility and be able to provide out of hours appointments as required by service needs *(one late shift of 12-8pm required)* * Willingness to travel | * Speaks another language |
| **Specialist training** | N/A |  |
| **Personal competencies and qualities** | * Evidence of interpersonal skills to engage and develop working alliances with colleagues and patients * Evidence of an openness to learning new knowledge and skills * Excellent verbal and written communication skills |  |

# Version Control

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| Author: | Human Resources | Version: | V1.1 | Status: | PUBLISHED |
| Date Published: | 03/12/2019 | Code: | TBC |  |  |

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| Version: | Date: | Summary of Changes |
| V1.1 | 03.12.19 | Document copied onto authorised VHG branded Policy Template (original had no coding) |
| V1.2 | 06/08/20 | Updated to include diversity and inclusion statement |
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