First Contact Physiotherapist

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| Job title: | First Contact Physiotherapist |
| Department: | NHS MSK |
| Location: | London Borough of Bromley |
| Reporting to:  (job title only) | FCP/MCATs Team Lead |
| Direct reports:  (job title only) | n/a |
| Accountable to:  (where applicable) | FCP/MCATs Team Lead and Service Lead |
| Job purpose: | * + As a First Contact Physiotherapist you will expertly assess and diagnose undifferentiated MSK presentations as you will be receiving referrals that have not received prior screening from a GP.   + You will be able to liaise with key stakeholders in primary and community care to ensure the patient journey remains effective.   + You will be able to provide expert advice on management of common MSK conditions and promote self-management of such conditions, utilising available signposting resources and integrating as part of the wider local pathway. |
| Role and Responsibilities: | * + Deliver high level patient care that respects the wishes and dignity of the patient.   + Occasionally carry out virtual triage of cases utilizing NICE guidelines and approved local pathways.   + Use outcome measures to demonstrate treatment effect.   + Provide expert, evidence-based assessment, and treatment of adults with MSK pain   + Arrange radiology and blood Investigations that reflects NICE, Irefer and Vita Health best practice standards.   + Engage patients with health coaching, making shared decisions, and where appropriate Making Every Contact Count.   + Maintain records in line with CSP and VHG standards.   + Communicate effectively with GPs, patients, and hospital consultants regarding patient care.   + Follow procedures and ensure data is logged on the clinical systems to VHG expected standards.   + Actively participate with in-service training and group supervision   + Liaise with colleagues including, clinicians, administrators, governance team members, and service leads as well as external stakeholders in local trusts, community services, and GP practices.   + Keep up to date with evidence-based practice/guidelines.   + Contribute to audit and service development.   + Maintain evidence of continual professional development.   + Other duties may be required from time to time.   **Equality Diversity & Inclusion (EDI)**  We are proud to be an equal opportunities employer and are fully committed to EDI best practice in all we do.  Vita Health Group has several initiatives in place to achieve this including our Zero Tolerance Policy, Code of Conduct, Freedom to Speak Up Guardians, and more. We believe it is the responsibility of everyone to ensure their actions support this goal with all internal and external stakeholders.     * + Be aware of the impact of your behaviour on others.   + Ensure that others are treated with fairness, dignity, and respect.   + Maintain and develop your knowledge about what EDI is and why it is important.   + Be prepared to challenge bias, discrimination, and prejudice when possible, and raise with your manager, the EDI & Sustainability team, or the Freedom to Speak Up Guardians.   + Encourage and support others to feel confident in speaking up if they have been subjected to or witnessed bias, discrimination, or prejudice.   + Be prepared to speak up for others if you witness bias, discrimination, or prejudice. |
| Clinical Governance:  (where applicable) |  |
| Training and supervision: | * + Local training provided by APP’s and colleagues.   + Access to external courses relevant to the role. |
| Additional information: | Full time/Part time with option for split roles of FCP and MCATs clinics |

## Person specification

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|  | **Essential** | **Desirable** |
| **Qualifications** | * + A degree in physiotherapy is essential along with HCPC and CSP membership.   + Accredited FCP education and training has been achieved via successful completion (Stages 1 and 2) of the FCP Portfolio Route/FCP Supported Portfolio route or the FCP taught route | * + MSc Advanced practice Physiotherapy. |
| **Experience** | * + Minimum of 3 years post-graduate experience   + Previous experience working as a First Contact Practitioner in an NHS MSK service.   + Previous experience assessing and treating adults with axial and peripheral MSK complaints.   + Experience of corresponding with GPs and secondary care regarding patient care.   + Possess an understanding of Radiology and blood Investigations for MSK pain | * + Previous experience working in a MCATs service delivering MSK FCP/APP clinics.   + Experience with Virtual triage.   + MDT working including making direct referrals to secondary care services. |
| **Skills/knowledge** | * + IT literate – intermediate level minimum | * + Experience with Quality Assurance and Quality Improvement processes   + Speaks another language |
| **Specialist training** |  | * + MSK Injection therapy   + Ultrasonography (PG cert or equivalent)   + Independent prescribing |
| **Personal competencies and qualities** | * + Excellent verbal and written communication skills including shared decision making.   + High level of enthusiasm and motivation.   + Ability to work individually or within a team and foster good working relationships.   + An awareness of and commitment to supporting and facilitating diversity and inclusion.   + Ability to work under pressure.   + Excellent time management skills. |  |

Version Control

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| Owner: | Human Resources | Review: | Annually | Classification: | 1 (Proprietary) |
| Author: | Human Resources | Version: | V1.1 | Status: | DRAFT |
| Date Published: | 24/02/2021 | Code: | TBC |  |  |

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| Version: | Date: | Summary of Changes |
| V1.1 | 24/02/2021 | Document copied onto authorised VHG branded Policy Template (original had no coding) |
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