Enhanced Psychological Wellbeing Practitioner

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| Job title: | Enhanced Psychological Wellbeing Practitioner  |
| Department: | LLR  |
| Location: | Remote / hybrid (LLR) |
| Reporting to: (job title only) | Senior Psychological Wellbeing Practitioners  |
| Direct reports: (job title only) | None |
| Accountable to: (where applicable) | Step 2 Service Manager  |
| Responsible to:(where applicable) | N/A |
| Job purpose: | To support changes to the managerial structure within the step 2 team, an exciting new role has been developed, perfect for PWP’s looking to take on extra responsibility and to gain experience if wishing to pursue a Senior PWP role. You will work as part of a small team, overseen by and working closely with the Senior PWPs to ensure effective supervision, support and management of a large team of PWPs.The Postholder will carry a small caseload and provide a range of evidence-based psychological low intensity interventions within the framework of the NHS Talking Therapies Programme, as part of Vita’s NHS Talking Therapies Service across the LLR area.The postholder will have completed the PWP Supervisor’s course and will work as part of the Step 2 Supervisory team, involving delivering supervision to PWPs directly and via participation in overseeing a shared supervision inbox. The majority of workload will be supervision based, with an expectation of at least 12 hours per week Case management and Clinical Skills offered. The postholder will work closely with the Senior Management Team to provide full support to the wider Step 2 Team.The postholder should be registered through the BABCP or BPS or be actively working towards achieving this.You will be fully supported in the role, with access to regular supervision and excellent support from a well established Senior team. A buddy will be provided whilst you settle into the role.  |
| Role and Responsibilities: | **To work as a member of the LLR Step 2 team*** To create and maintain effective working relationships within the step 2 team, the wider LLR team and elsewhere.
* To offer advice and support to other members of the wider team and external services including GPs and other Health Professionals, on mental health issues, and in relation to appropriate referral pathways for patients with mental health needs.
* To liaise effectively with Secondary Care and voluntary sector organisations and services.
* To assist in the development and promotion of the service.

**To provide a range of therapeutic interventions** * To provide assessment, including risk assessment, of clients referred for psychological therapy.
* To hold a small clinical caseload for clients requiring a Step 2 intervention
* To select and deliver a range of appropriate low intensity interventions in collaboration with the client via a range of modalities, including telephone, face to face, digital and group work.
* To work within an appropriate time framework.
* To make appropriate onward referrals following assessment for clients requiring other services, including statutory and voluntary agencies.
* To maintain clients’ confidentiality within agreed guidelines

**To provide supervision to PWPs in the LLR team*** Work as part of the Step 2 Supervisory team
* To deliver a minimum of 12 hours per week Caseload Management and Clinical Supervision to PWPs within the team.
* To offer ad hoc cover supervision when required where possible
* Routinely oversee and manage the shared supervision inbox
* To complete audits in line with expectations, share feedback and support with any learning / developmental needs identified by liaising with the Senior Management Team

**Safeguarding*** Responsible for safeguarding vulnerable adults and children by always promoting the welfare of service users and operating within local policies and procedures.
* Under guidance and support taking appropriate safeguarding action to protect vulnerable adults and children at risk of significant harm.
* Under guidance and supervision to identify and support families in accessing Early Help Services.
* To share appropriate information with other agencies regarding the service user’s wellbeing and progress keeping within the boundaries of Confidentiality and Information sharing protocols.

**To provide a professional and ethical service*** To maintain appropriate records including all required assessment and evaluation tools.
* To undertake relevant Continuing Professional Development activities as required for the purposes of continued professional accreditation or registration
* To undertake an appropriate amount of clinical supervision from a qualified Clinical Supervisor.
* To actively hold and maintain PWP registration through the BABCP or BPS and uphold professional guidelines and Codes of Practice in relation to this. To also operate within agreed NHS England guidelines.
* To ensure a safe and secure working environment for self and others and to take action as necessary within Health and Safety and other guidelines.
* To adhere to all LLR Policies, Procedures and Guidelines.
* To promote and value the rights, responsibilities and diversity of people using the Service.

**Equality Diversity & Inclusion (EDI)*** We are proud to be an equal opportunities employer and are fully committed to EDI best practice in all we do. We believe it is the responsibility of everyone to ensure their actions support this with all internal and external stakeholders.
* Be aware of the impact of your behaviour on others
* Ensure that others are treated with fairness, dignity and respect
* Maintain and develop your knowledge about what EDI is and why it is important
* Be prepared to challenge bias, discrimination and prejudice if possible to do so and raise with your manager and EDI team
* Encourage and support others to feel confident in speaking up if they have been subjected to or witnessed bias, discrimination or prejudice
* Be prepared to speak up for others if you witness bias, discrimination or prejudice
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| Clinical Governance:(where applicable) |  |
| Training and supervision: |  |
| Additional information: |  |

## Person specification

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|  | **Essential** | **Desirable** |
| **Qualifications** | * Graduate/Postgraduate Certificate in Adult Low Intensity Interventions
* BABCP or BPS registration
* Evidence of training in PWP supervision
 | * Psychology or other health related undergraduate degree
* Psychology or other health related postgraduate degree
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| **Experience** | * Evidence of working with people who have experienced a mental health problem and experience within NHS Talking Therapies
* Demonstrates robust risk management processes
* Demonstrates high standards in written communication
* Worked in a service where agreed targets in place demonstrating clinical outcomes
* Ability to manage own caseload and time
* Evidence of providing supervision to PWPs
* Evidence of working within a champion / special interest role relevant to step 2
 | * Evidence of working in the local community
* Experience of facilitating Groups
* Experience of using Computerised CBT (CCBT) (Silvercloud)
* Experience of using patient record systems (IAPTUS)
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| **Skills/knowledge** | * IT literate – intermediate level minimum
* Able to demonstrate clinical outcomes and meeting agreed performance targets
* Demonstrates high standards in written communication.
* Ability to manage own caseload and time.
* Able to write clear reports and letters
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| **Specialist training** | * PWP supervisor’s course
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| **Personal competencies and qualities** | * Excellent verbal and written communication skills
* High level of enthusiasm and motivation
* Ability to work individually or within a team and foster good working relationships
* Ability to work under pressure
* Excellent time management skills
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# Version Control

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| Owner: | Human Resources | Review: | Annually | Classification: | 1 (Proprietary) |
| Author: | Human Resources | Version: | V1.1 | Status: | PUBLISHED |
| Date Published: | 03/12/2019 | Code: | TBC |  |  |

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| Version: | Date: | Summary of Changes |
| V1.1 | 03.12.19 | Document copied onto authorised VHG branded Policy Template (original had no coding) |
| V1.2 | 06/08/20 | Updated to include diversity and inclusion statement |
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