

Hi!

Thank you for considering our Trainee High Intensity Therapist recruitment programme.

We have included below some further information on the process which you may find useful.

**Our Service Areas and Universities**

Our service areas are in the following locations:

* Kent and Medway
* West Essex
* Basildon and Brentwood
* Derby
* Bristol, North Somerset, South Gloucestershire
* Newcastle upon Tyne
* Leicester, Leicestershire and Rutland
* Calderdale
* Nottinghamshire

University Courses are typically for one-year full-time with one teaching day per week at the University, one study day per week and three days per week in service. This can be a mixture of remote and face-to-face working so you must be able to attend both the University and service area.

**The Recruitment Process**

We recruit for Trainee HITs twice per year and adverts usually go out May/June time for Autumn cohorts and November/December time for Spring cohorts. We advertise directly on our website, Indeed and also on NHS jobs. Because of the extremely high application rate the advert is only open for a short time when we advertise for Trainee HITs so we encourage you to get your application in quickly. Adverts are sometimes closed early due to the number of applications we receive.

The recruitment process for this trainee role will involve panel representatives from both Vita Health Group and the University. The interview will involve a role play activity and a series of questions.It will be conducted remotely using Microsoft Teams.

If you are successful at interview you will then begin our onboarding process which involves a DBS (Disclosure and Barring Service) check, right to work in the UK check, references, proof of qualifications, and an internet broadband speed check. After successfully onboarding, we will provide you with all the equipment you need for your new role.

**The University of Surrey**

The University of Surrey is a global community of ideas and people, dedicated to life-changing education and research. With a beautiful and vibrant campus, we provide exceptional teaching and practical learning to inspire and empower our students for personal and professional success.

For further information visit: <https://www.surrey.ac.uk/>

**PGDip Psychological Intervention (CBT)**

You’ll learn how to effectively deliver CBT to help patients improve their emotional and mental wellbeing. We'll challenge you with current issues in therapeutic practice and you’ll benefit from clinical presentations and input from people using CBT services. You'll be exposed to a range of learning experiences, ensuring theory is integrated with practice.

For further information about the course please visit:

<https://www.surrey.ac.uk/postgraduate/psychological-intervention-cbt-pgdip#overview>

**We hope this is helpful – if there is anything else you need just let us know!**