

Hi!

Thank you for considering our Apprentice Psychological Wellbeing Practitioner recruitment programme in Kent and Medway.

If you are a highly organised and motivated individual with a commitment to the NHS and patient care then we would welcome your application to study for the professional role of Psychological Wellbeing Practitioner. Successful candidates will be trained to deliver Low Intensity Psychological Interventions, which are the cornerstone of NHS Talking Therapies Services (formally known as IAPT).

**Kent and Medway Talking Therapies**

We provide a free and confidential NHS service designed to support the residents of Kent and Medway tackle common mental health problems such as stress, anxiety and depression. In partnership with the NHS, we offer Talking Therapies to adults 17.5 years and over, who are registered with a GP in Kent and Medway.

Training to become a PWP will involve spending 3 days per week in our Kent and Medway service. This will be done either remotely or by hybrid working between home and one of our clinics in the Kent and Medway area. University teaching will be a combination of face to face and remote working so you must be able to travel to the university every week.

**The Course:**

The Level 6 Certificate in Psychological Wellbeing Practice will be studied through the University of Exeter.

**Qualification requirements for the apprenticeship:**

Evidence of study at level 5 and also Level 2 English and Maths (GCSE certificates or equivalent; at C grade/level 4 or above)

Please note all applicants must bring evidence of their qualifications to interview to ensure they are qualified to apply.

This one year professional training programme leads to a qualification in the use of Low Intensity Psychological Interventions. Once trained, the Psychological Wellbeing Practitioner workforce provides patients with short term evidence-based treatments to enable them to manage their psychological wellbeing.

For further course information visit the University of Exeter website:

<https://www.exeter.ac.uk/study/degreeapprenticeships/programmes/certificateinpsychologicalwellbeingpractice/>

**The Recruitment Process**

At Vita Health Group, we recruit for Apprentice/Trainee PWPs twice per year and adverts usually go out May/June time for Autumn cohorts and November/December time for Spring cohorts.

The recruitment process for this apprentice role will consist of the following:

|  |  |
| --- | --- |
|  |  |
| **w/c 17th June or** **w/c 24th June** | Interviews by Vita Health Group (held remotely via Microsoft Teams) |
|  |  |
| **27th August** | One week induction with Vita Health Group |
| **3rd September** | University of Exeter induction  |

If you are successful at interview you will begin our onboarding process which involves a DBS (Disclosure and Barring Service) check, right to work in the UK check, references, proof of qualifications, and an internet broadband speed check. After successfully onboarding, we will provide you with all the essential equipment you need for your new role.

**How to become a Psychological Wellbeing Practitioner?**

Should you have any specific questions about how to become a PWP you can have a look at the BPS and NHS websites here:

<https://www.bps.org.uk/psychological-wellbeing-practitioner-job-profile>

<https://www.healthcareers.nhs.uk/explore-roles/psychological-therapies/roles/psychological-wellbeing-practitioner>

<https://www.ppn.nhs.uk/resources/careers-map/career/psychological-wellbeing-practitioner>

**We hope this is helpful – if there is anything else you need just let us know!**