

# EAP Telephone Counsellor (Adults & CYP)

## Job details

Job title:	EAP Telephone Counsellor (Adults & CYP)
Department:	Corporate EAP
Location:	Remote Flexible Working
Reporting to:	Senior Counsellor / Team Manager
Direct reports:	n/a
Accountable to:	EAP Service Lead
Responsible to:	EAP Interventions Service Manager
Job purpose:	<ul style="list-style-type: none"> <li>To deliver structured counselling by telephone or secure video link to clients (aged 11+yrs) of VHG Corporate and EAP services.</li> <li>Deliver sessions to a caseload of clients to support their recovery and wellbeing, thereby meeting service KPIs.</li> </ul>
Role and Responsibilities:	<ul style="list-style-type: none"> <li>Receive and accept referrals for structured counselling via VHG systems</li> <li>Assess clients where necessary and ensure suitability of new referrals.</li> <li>Assess Gillick competence of CYP's, when appropriate.</li> <li>Safely and effectively screen for, assess and manage, risk - following VHG Risk Management &amp; Escalation protocols, and ensure clients have access to safety management plans between sessions where required.</li> <li>Adhere to the VHG Children's and Adults Safeguarding Policies and procedures at all times, raising safeguarding concerns appropriately and to seek support where required.</li> <li>Refer clients that are unsuitable to case management or relevant service (e.g. back to the referrer, internally, or to the NHS) dependent on need/contract/customer.</li> <li>Use the most suitable clinical interventions based on your clients presenting issues and needs to ensure positive outcomes.</li> <li>Deliver an evidence based, competent and confidential service at all times.</li> <li>Prepare clients for discharge and signpost onwards as appropriate or seek approval where further sessions are required.</li> <li>Uphold your duty of care to your clients whilst in the care of VHG.</li> </ul>

	<ul style="list-style-type: none"> <li>• Liaise with relevant stakeholders in the patient's care e.g. GPs, OHS, HR professionals as appropriate. This may include the involvement of parents/carers in treatment in the context of CYPs.</li> <li>• Efficiently manage your own caseload with regular appointments to meet relevant KPIs.</li> <li>• To proactively keep abreast of customer Service Level Agreements to ensure clear and accurate communication to clients regarding available and appropriate treatment options.</li> <li>• Maintain regular communication with colleagues and your line manager while working remotely &amp; proactively engage with your team's communication channels.</li> <li>• Use all VHG systems and platforms accurately, responsibly and in line with data protection and information security legislation, including our client databases, telephone and IT systems, and HR and L&amp;D platforms.</li> <li>• Any other reasonable request as required.</li> </ul>
Clinical Governance: (where applicable)	<ul style="list-style-type: none"> <li>• Adhere to all VHG policies and procedures.</li> <li>• Maintain registration or accreditation (as relevant) with the appropriate professional body (BACP, NCS, COSCA, IACP).</li> <li>• Adhere to and fulfil all requirements of the relevant code of conduct and ethical guidelines of your professional registered body.</li> <li>• Maintain accurate electronic records of all clinical work to allow effective monitoring, review, audit, and evaluation of the service provided.</li> <li>• To collate and electronically record assessment and outcome measures and patient satisfaction data for service audit.</li> <li>• Participate in and respond to feedback from case reviews &amp; case audits to ensure best practice is maintained.</li> <li>• Deliver services within each Customer service level agreements (SLAs).</li> <li>• Exercise personal responsibility for the systematic clinical governance of your own professional practice.</li> <li>• To attend to health and safety of yourself, your colleagues and your customer, their colleagues, and their customers by adhering to VHGs procedures.</li> </ul>
Training and supervision:	<ul style="list-style-type: none"> <li>• Ensure timely completion of all mandatory training.</li> <li>• Undertake training relevant to your role, including that specific to new systems, products, and services you may be asked to deliver as part of our Corporate Services.</li> <li>• Prepare for and actively participate in Clinical and Managerial Supervision.</li> <li>• Maintain and develop clinical knowledge and clinical expertise.</li> <li>• To undertake ongoing professional development in line with business requirements.</li> <li>• Apply learning from the relevant training updates and incorporate into day-to-day practice.</li> </ul>
Additional information:	Some travel including occasional overnight stays may be required, so a full clean driving licence is desired.



## Person specification

	Essential	Desirable
Qualifications	<ul style="list-style-type: none"> <li>Post Graduate Diploma Level 4 in Counselling</li> <li><b>Registered</b> membership of BACP or equivalent registering body e.g. NCS COSCA and IACP and accredited or working towards accreditation (Individual or Student member not sufficient)</li> <li>Relevant CPD certificates in counselling with CYPs to meet requirements of BACP CYP competence framework.</li> </ul>	<p>Accredited by a recognised body, e.g. BACP, NCS, CASCA, IACP</p> <p>Qualification in counselling with CYPs.</p>
Experience	<ul style="list-style-type: none"> <li>Experience of delivering structured counselling within a counselling / Psychological therapies service to both adults &amp; CYPs.</li> <li>Ability to conduct comprehensive risk assessment and formulate robust risk management plans for both adults &amp; CYPs.</li> <li>Experience with routine clinical outcome monitoring.</li> <li>Worked in a service where agreed targets are in place demonstrating outcomes.</li> <li>Experience of MDT working groups.</li> </ul>	<p>Experience of working in a psychological therapy or mental health services.</p> <p>Commercial awareness and/or experience of working in a Corporate environment.</p>
Skills/knowledge	<ul style="list-style-type: none"> <li>IT literate – intermediate level minimum</li> <li>Experience of working with Microsoft Office</li> </ul>	Other recognised specialist training e.g. EMDR, CFD, IPT
Specialist training	<ul style="list-style-type: none"> <li>Able to develop good therapeutic relationships with clients aged 11+yrs.</li> <li>Ability to meet agreed/specified service targets and Key Performance Indicators</li> <li>Ability to manage own caseload and time.</li> <li>Ability to identify themes within client and customer groups.</li> </ul>	
Personal competencies and qualities	<ul style="list-style-type: none"> <li>Interpersonal skills to engage and develop working alliances with colleagues and clients aged 11+yrs.</li> <li>Evidence of an openness to learning new knowledge and skills.</li> <li>Excellent verbal and written communication skills</li> <li>High level of enthusiasm and motivation</li> <li>Ability to work under pressure.</li> </ul>	



	<ul style="list-style-type: none"><li>• An awareness of and commitment to supporting and facilitating diversity and inclusion.</li><li>• Excellent time management skills</li></ul>	
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## Version Control

Owner:	Human Resources	Review:	Annually	Classification:	1 (Proprietary)
Author:	Human Resources	Version:	V1	Status:	
Date Published:		Code:	TBC		

Version:	Date:	Summary of Changes

